

Penshurst & District Health Service

A member of Western District Health Service

Celebrating 50 Years

1957 - 2007



2007 Year In
Review



MISSION

To enhance the health and the quality of life of community residents through the provision of care and co-ordination of services, which address the needs of patients, residents, and clients and which are based on principles of equity and access.

COVER PHOTOGRAPHS (Clockwise from top left):

Seated Dr. Janet Watt & her brother.

Mr J.O.W. Smith, Pastor E.W. Wiebusch, Mr Roy Schramm, M.B.E., Mr C.G. Ross.

Sisters Loris Kelly (Hermann) and Dawn Forbes (Ley).

Original Penshurst and District Memorial Hospital.

Acknowledgements

Layout and Design: D. Clarke / H. McKenry / N. Gash

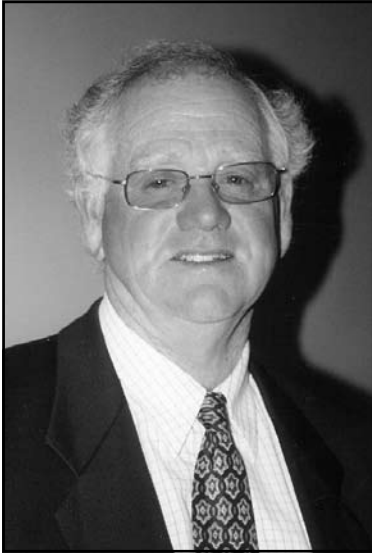
Printers: Ivory Print, Hamilton. Ph: 03 5572 1121 Fax: 03 5571 1410

Photographs: Nathalie Gash

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REPORT OF THE ADVISORY COMMITTEE CHAIRPERSON



Mr. Peter Heazlewood (chairperson)

In its 50th year the Penshurst and District Health Service has continued to provide a comprehensive service to the local community.

The service maintains its record in meeting all accreditation standards. In the past year a visit from the Aged Care Standards Accreditation Agency and two unannounced visits passed all criteria required. This is a credit to all staff under the leadership of Manager/Director of Nursing Darren Clarke.

At the last Western District Health Service Annual Meeting our catering staff were presented with the Western District Health Service non-clinical excellence award for their part in developing and delivering the new menus.

Congratulations must also go to Stuart Graham who was presented with a Rotary "Pride of Workmanship" Award.

In the last year the Department of Human Services has signed off on the new Masterplan for our Hospital. The Health Service is now able to start planning for a major redevelopment, which will carry the Penshurst and District Health Service well into the next 50 years.

The Murray to Moyne bike riders had an impressive year raising \$ 13,500. The Ladies Auxiliary kept up their enviable record contributing \$ 7,000. The generosity of our small community is amazing with \$ 3,500 collected on Hospital Sunday. Total funds raised for the year exceeded \$ 100,000 through bequests and donations.

The Advisory Committee has continued to work for the improvement of the Health Service. I would like to acknowledge the support given by the Penshurst and District Health Service staff and senior management from Western District Health Service in helping us fulfil our duties.

The efforts of the staff and the hospital community have contributed to make the past year a successful one. Thank you to everyone as we look forward to another challenging and rewarding year.

PETER HEAZLEWOOD

Chairperson
Advisory Committee

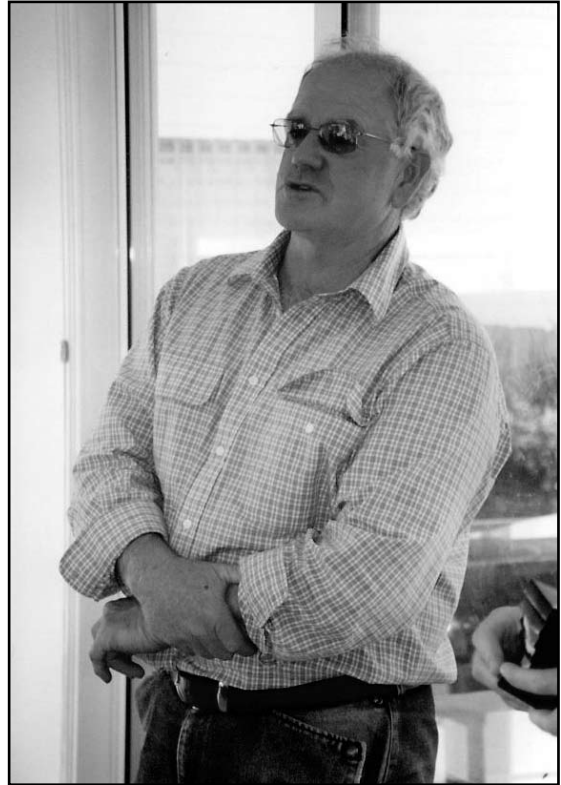
MR. PETER HEAZLEWOOD RETIRING ADVISORY COMMITTEE MEMBER

In 1994, Mr. Peter Heazlewood was appointed to the Board of Management of the Penshurst and District Memorial Hospital, later to be a member of the Penshurst and District Health Service Advisory Committee and a member of the Western District Health Service Board of Directors.

While a member of the Board of Management of the former Penshurst and District Memorial Hospital he held positions on the House and Works Committee, Physical Resources Committee, the Executive Committee, and was also Treasurer for a period of time. As a member of the Project Control Group, during the 1990's he saw the development of the Independent Living Units at Penshurst and Dunkeld, Kolor Lodge Hostel and the construction of the Sheppard Community Health Centre.

Peter was also a member of the Penshurst and District Memorial Hospital and Hamilton Base Hospital Liaison Committee and was actively involved in the transition from the Penshurst and District Memorial Hospital to the current Penshurst and District Health Service.

Upon amalgamation of the Penshurst and District Memorial Hospital with the Hamilton Base Hospital in July 1998, to form the Western District Health Service, Peter was appointed to the Advisory Committee of the Penshurst and District Health Service. In November 2000 he was elected as Chairperson of the Advisory Committee, a position he has held until his retirement from the Advisory Committee. In November 2000 Peter was also appointed as a member of the Board of Directors of the Western District Health Service, a position he held until 2006.



Mr. Peter Heazlewood (chairperson)

He has given freely of his time in the support of not only the Murray to Moyne Bike Ride team but in many fundraising endeavours. During his term of office at Penshurst he has seen many changes and transitions and been a valuable asset for the Health Service, with his knowledge and management capabilities. The Advisory Committee, staff and community sincerely appreciate Peter's efforts.

Peter owns a farming property near Penshurst and retired to the farm after completing his working life at the Department of Primary Industries facility at the Mount Napier site.

We wish both Peter and his wife Jane all the best for the future and extend our gratitude and thanks to them both.

HISTORY IN THE MAKING

Originally, the district was serviced by a Bush Nursing Hospital located in Cobb Street, Penshurst. This building remains and is currently the home of Mr. W. McDonald. In the early 1950's, a Dr. Watt in Penshurst and Pastor Wiebusch of the Tabor Lutheran Church were concerned that a need for a local hospital existed in Penshurst as patients requiring treatment were usually sent to Hamilton Base Hospital. To expedite a hospital project for Penshurst, they set up a committee including Mr. R. Schramm, MBE, Mr. C.G. Ross and Mr. J. Ryan to work toward the construction of a health care facility.

Leased Crown land at the Eastern end of Watton Street had been set aside for a hospital building, however, it was considered unsuitable. Mr. J.O.W. Smith donated a parcel of land presently occupied by the Hospital and additional land to the east of it, which has subsequently been sold.

Construction of the new hospital commenced on 15th August 1955, and the first patient was admitted on the 24th of July 1957. The cost of constructing and furnishing the new five-bed hospital was 46,567 pounds, of which a portion was paid by money raised by the community. A Government Grant paid for the remainder.

- August 1972, work commenced on a four-bed extension to the hospital, bringing the total to nine acute beds. This extension was funded by a Government Grant and completed in January 1973.
- 1984 brought the cessation of theatre operations, with patients then travelling to the Hamilton Base Hospital or elsewhere for surgery.
- January 1987 saw work commencing on an extension to the Hospital to provide a 10 bed Nursing Home wing. The extension resulted in a reduction of the acute beds from nine to seven. In November 1988, the first residents were admitted to the new nursing home. To recognise the efforts made by a Board of Management member, Mr. W.J. Lewis, in securing approval and funding for the project the 10-bed wing was named the W.J. Lewis Wing. The cost of the extension was \$528,102 of which the community raised nearly half.
- 1989 the Victorian Nursing Council reviewed the facility's midwifery services and recommended to the Health Department that, due to the hospital's inability to attract sufficient qualified midwifery staff to cover the service on a 24 hour basis, midwifery services be discontinued. This recommendation was accepted by the Department and subsequently, Penshurst's midwifery-based service ceased.
- 1992 builder Mark Uebergang converted the Boardroom to a patient care area. The room was designed to provide a service to patients with special needs. Funds for the project were provided through community support given to the Murray to Moyne Bicycle Team. The room's amenities and privacy is greatly appreciated by patients and their families. A bequest from the family of the late Mr. A. Uebergang provided furnishings for the room.
- 1994 the former Labour Ward and Emergency Room were converted into two 2-bed rooms with ensuites designed by Robert Miles of Mount Gambier and rebuilt by Mark Uebergang of Penshurst. This facility enabled the hospital to "bid" for the nursing-home type beds being re-allocated within the sub-region, and the nursing home capacity was subsequently increased to 16 residents.
- 1994\95 the Hospital's Board continued to work with the Shire of Mount Rouse and subsequently the Southern Grampians Shire (following Municipal amalgamations), to develop a total aged care and accommodation project based in Penshurst and extending to Dunkeld and Glenthompson. This project provided 2-bedroom cottages on two sites in Penshurst and Dunkeld and a 20 bed Hostel.
- February 1995 major fundraising commenced following a resolution by the Board to undertake a major redevelopment of the Hospital. Over 3 years funding in excess of targets enabled the renovation to be undertaken. In addition to the local funds, \$ 160,000 (Rural Taskforce Grant) was provided by the State Government towards the redevelopment.

Celebrating 50 Years

1957 - 2007



- Late 1995 the Board reconsidered the Hostel design and concluded that redesign was necessary to accommodate changing aged care needs and the associated funding models offered by the Commonwealth Government.
- 27th April 1997 the Hon. D. Naphine opened the newly developed 16 bed Nursing Home.
- May 1997 construction commenced on the 10 bed Kolor Lodge Hostel.
- February 1998 the Hostel was completed and the first residents were admitted. The Hostel provides single accommodation with ensuite bathrooms. There is a large sitting room and dining room with two other guest\quiet areas.
- September 1998 the Sheppard Community Health Centre was completed. A bequest from the estate of the late A.A. Sheppard together with a HACC Grant of \$ 200,000 enabled the construction of this facility. The Centre continues to be a benefit to the community providing a facility for Adult Day Activity Support Services, Allied Health Accommodation and as a venue for many outside organisations to utilise.
- January 1998 a bus was purchased for the use of Nursing Home and Kolor Lodge Residents to undertake outings as a group. The bus was replaced with a new model in 2006.
- July 1, 1998 the Western District Health Service was formed whereby the Penshurst and District Memorial Hospital became Penshurst and District Health Service – a member of the Western District Health Service.
- July 1998, the Penshurst and District Health Service received Rural Healthstreams funding approved by the Victorian Department of Human Services. Healthstreams is a service and funding model that encourages flexibility in the design and delivery of a diverse range of primary health services. Resulting in a more responsive, flexible and comprehensive health care system, which encourages co-operation between public health services, local private sector providers and hospital based services.

RECENT CHANGES AND ACHIEVEMENTS

- ✧ **July 2001** Installation of Waste Water Management System at Penshurst Campus.
- ✧ **October 2001** Completion of Fire and Safety upgrade.
- ✧ **May 2003** Fourth Dunkeld Independent Living Unit at Dunkeld completed.
- ✧ **April 2004** An additional (17th) Nursing Home Bed approved by the Commonwealth Government.
- ✧ **November 2004** Completed Review of Penshurst Master Plan.
- ✧ **December 2004** Fifth Dunkeld Independent Living Unit at Dunkeld completed.
- ✧ **February 2005** Sixth Dunkeld Independent Living Unit at Dunkeld completed.
- ✧ **May 2005** Achieved Australian Council of Health Care Standards Accreditation (4 years).
- ✧ **June 2005** New Water Treatment Plant installed at Penshurst Campus (filtering entire site)
- ✧ **June 2006** Diesel powered Emergency Generator installed.
- ✧ **October 2006** Achieved ongoing Commonwealth Aged Care Accreditation (3 years)
- ✧ **2006/2007** Environmental Safety Audits 100% compliance.

SERVICE DELIVERY

SERVICES

Penshurst and District Health Service (a member of the Western District Health Service) is a public hospital providing:

- ✦ **Acute Care:** inpatient care for six acute care patients
- ✦ **Nursing Home (High Level):** residential accommodation for seventeen permanent nursing home residents.
- ✦ **Hostel (Low Level):** residential accommodation for nine permanent residents and one respite resident.
- ✦ **Independent Living Units:** At Penshurst and Dunkeld providing independent living for ten residents.
- ✦ **District Nursing Service:** a District Nursing Service operates from the facility. This service is also available on weekends (Healthstreams funded).
- ✦ **Meals on Wheels:** Operates from the facility seven days per week.
- ✦ **Allied Health:** Other services delivered by visiting therapists include, Podiatry, Physiotherapy, Dietitian, Asthma and Diabetes Educators

CATCHMENT AREA

The catchment area of the Penshurst and District Health Service comprises the area in south western Victoria bounded by Dunkeld, Glenhompson in the north, Chatsworth in the east, Hawkesdale and Macarthur in the south and about 15 km's along the Hamilton Highway in the west. This region corresponds to part of the Southern Grampians Shire (former Shire of Mount Rouse and parts of the former Shire of Dundas) and part of the Shire of Moyne (parts of former Shires of Minhamite and Warrnambool).

POPULATION

The 2006 Census, conducted by the Australian Bureau of Statistics, indicated that the population within the catchment area of the Penshurst and District Health Service was ageing at a higher rate than the State generally. The median age of the catchment population in the 2006 Census was 43 years and over 83% of the catchment population stated that they were Australian-born. English was stated as the only language spoken at home by 92% of the catchment population.

PATIENT CARE

The hospital continues to provide services ranging from primary care through to low-level acute care and residential aged care.

SERVICE DELIVERY

Existing services are primarily devoted toward needs of the aged within the local community.

The service delivery model provided, based on service provision to the entire area, is:

- | | |
|--|--|
| • Acute services – maintain a flexible service that can accommodate needs – 6 beds | • Physiotherapy |
| • Nursing Home – 17 beds | • Podiatry |
| • Hostel services – 9 beds plus 1 respite | • Speech Pathology |
| • Independent Living Units – 4 at Penshurst and 6 at Dunkeld | • Social work / Counselling |
| • District Nursing | • Aged Care Assessment |
| • Chaplaincy | • Occupational Therapy |
| • Diabetics and nutrition | • Adult Day Activity Support Service (ADASS) |
| • Asthma Education | • Community Health and Allied Health professionals |
| | • Meals on Wheels (7 days/week) |

ADVISORY COMMITTEE OF MANAGEMENT

The Penshurst and District Health Service Advisory Committee comprises members of the community who are appointed to advise the Western District Health Service Board on issues in relation to the Penshurst Community and District on health needs and services.

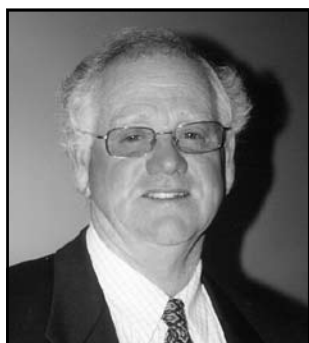
The Advisory Committee's operation is governed by the by-laws, rules and standing orders of the Western District Health Service.

Functions of the Advisory Committee

The functions of the Committee as authorised by the Board are:

- Review the performance and operations of the Penshurst and District Health Service.
- Be responsible for service planning, service delivery and service quality activities for the Penshurst Community and make recommendations to the Board of the Service.
- Make recommendations on the strategic plan of the Service (so far as it relates to Penshurst and District Health Service) to the Board of the Service.
- The Committee conduct bi-monthly meetings.

The Advisory Committee are grateful for the assistance provided during the past year by Mr. Jim Fletcher, Mr. Pat Turnbull, Mr. Richard Staude, Mr. Nick Starkie, Mr. David Knight and staff of the Finance Department of the Western District Health Service in reviewing and planning performance.



Mr. Peter Heazlewood
Chairperson
Commenced 1994
Term of Appt. 2004-2007



Mr. Tom Nieuwveld
Commenced 2003
Term of Appt. 2006-2009



Dr. Tom Stephens
Commenced April 2005
Term of Appt. 2005-2008



Mrs. Margaret Eales
Commenced 2000
Term of Appt. 2006-2009



Mrs. Florence Graetz
Commenced 2005
Term of Appt. 2005-2008



Mrs. Wendy Williams
Commenced 2005
Term of Appt. 2005-2008



Mr. Les Paton
Commenced 2004
Term of Appt. 2004-2007



Celebrating 50 Years

1957 - 2007

HONOUR ROLL OF THE PENSHERST AND DISTRICT HEALTH SERVICE

LIFE GOVERNORS:

MR. G.G. BURGER *
MR. T.A. RENTSCH
MR. E. COTTRILL *
MR. J. RYAN *
MR. F. DUNKLEY *
MR. F. SCHRAMM
DR. L. JENKINS
MR. R. SCHRAMM *
MRS. E. KINNEALY *
MR. J.O.W. SMITH *

MR. W. LEWIS *
MRS. H.M. LINKE *
MR. A. THORNTON
MR. H. MIRTSCHEIN *
Pastor E.W. WIEBUSCH *
MR. N. KRUGER
MR. A. COTTRILL *
MR. T.D. HUTTON
DR. J.D. FLEMING

PRESIDENTS OF THE BOARD OF MANAGEMENT:

1956-1959	Pastor E.W. WIEBUSCH *	1974-1977	MR. G.G. BURGER *
1959-1961	Rev. C.A. GIBSON*	1977-1988	MR. W.J. LEWIS *
1961-1966	MR. R. CHESHIRE*	1988-1994	MR. T.A. RENTSCH
1966-1969	MR. J.G. RYAN *	1994-1998	MR. T.D. HUTTON
1969-1974	MR. K. CROPPER *		

CHAIRPERSON OF THE ADVISORY COMMITTEE:

1998-2000 MR. R. GREIG
2000- Pres MR. P. HEAZLEWOOD

MATRONS AND DIRECTORS OF NURSING:

1956-1957	MRS. J. CHESSWAS *	1975-1978	MS. A. BLACK
1957-1958	MRS. E. FAIRHURST	1978-1979	MRS. G. HARRINGTON
1958-1959	MRS. A. PITT	1979-1984	MRS. M. JEREMY *
1959-1960	MS. M. HIGGINS	1984-1987	MR. J. DRUMMOND
1960-1966	MRS. E. WILSON *	1987-1992	MS. E. DUCKMANTON
1966-1971	MISS. S. MURPHY	1992	MS. C. FRECKLETON (Acting DON)
1971-1975	MRS. J. FLYNN *	1995	MRS. N. GASH (Acting DON 5mths)

DIRECTORS OF NURSING AND MANAGER:

1992-1995	MS. M. DADSWELL (DON\Administrator)	1999	MRS. C. TEMPLETON (3 mths Acting DON)
1995	MS. J.A. DAVIS (Honorary Administrator 5 mths)	1999-2003	MRS. J. BURTON (Manager\DON)
1995-1998	MS. J. ROSS (DON\Administrator)	2003	MRS. J. PATON (3 mths Acting Manager/DON)
1998-1999	MS. J. ROSS (Manager\DON)	2004- Pres	MR. D. CLARKE (Manager\DON)

UNIT MANAGERS:

2002-2003 MS. A. O'BRIEN
2003- Pres MRS. J. PATON

MEDICAL PRACTITIONERS:

	DR. COURTENAY *	1982-1985	DR. A. ARKELL
1956-1958	DR. J.P. WATT *	1963-1970	DR. A.I. MacKINNON
1970-1982	DR. L. JENKINS	1985-2006	DR. J.D. FLEMING
1958-1963	DR. R.J. LEITCH *	2006-Pres	DR. M. FORSTER

YEAR IN REVIEW

SUMMARY OF ACHIEVEMENTS

2006\2007

PENSHURST AND DISTRICT HEALTH SERVICE

Penshurst and District Health Service (PDHS) has continued to ensure our services are directed towards meeting the needs of our consumers, including residents, patients, and the community at large. In collaboration with the other departments of the Western District Health Service, we have maintained a broad range of services that are accessible, timely and provided in accordance with the priorities outlined in our Operational Plan.

Corporate Identity

- In September 2006, in excess of 80 residents, staff and community members attended our annual Year In Review. The Guest Speaker was Mr Barrie Aarons OAM, FRACS (a local Angel Flight pilot and retired HBH surgeon) who gave a very enlightening presentation on Angel Flight. The students of St Josephs School, Penshurst also entertained us.
- The Manager/Director of Nursing attended a range of meetings representing the Health Service.
- Ongoing fundraising during the year has greatly assisted our goal of continually enhancing and upgrading our facilities.
- In March 2007, our Murray to Moyne Cycle Relay Team, involving a group of dedicated riders (the Rouse Rare Rumps) and their support crew, raised in excess of \$13,500.

Performance Monitoring

- Penshurst Nursing Home and Kolor Lodge Hostel continued to remain fully compliant in all 44 Expected Outcomes under the Commonwealth Aged Care Standards when an accreditation survey was conducted in August 2006. The facilities were re-accredited until 30 October 2009. In accordance with revised practices, the Aged Care Standards and Accreditation Agency Limited also undertook unannounced Support Contact Visits in January 2007 and May 2007, with full compliance maintained.
- All new staff and postgraduate nursing students on placement at the Health Service participate in a structured orientation program specific to our facility.
- Any new or updated Policies and Procedures are conveyed to staff via Staff / Quality Improvement Meetings and Memoranda.
- Results of Quality Activities are discussed at all relevant meetings and publicly displayed in main foyer on "Quality Matters" notice board.
- Our Internal Cleaning Audit results have continued to exceed the benchmark throughout the year. Cleaning staff also completed training in use of the audit tool.
- PDHS is participating in the DHS PSRAC Quality of Care Performance Indicator ongoing monitoring program, which commenced in July 2007. Results are within acceptable parameters.
- Full compliance was achieved with an External Food Safety Audit conducted in January 2007.
- Investigation of all complaints was initiated within 24 hours of receipt.

Quality Improvement and Risk Management Initiatives

- Full implementation of a 5-week rotating menu cycle effective from July 2006, with a range of new Healthy Eating Options introduced.
- Staff completed an annual Fire and Safety Competency audit.
- Staff completed "No-Lift" competency refresher education.
- The annual Resident Satisfaction Survey, conducted in November 2006, achieved an overall score of 97.35%
- Falls risk minimisation plans have been implemented for residents identified at risk.
- A recycling / waste minimisation program commenced, resulting in a 50% reduction in the amount of waste generated each week.

Service Planning and Development

- The PDHS Master Plan (2004 version) was signed-off by the Department of Human Services in March 2007. Health Science Planning Consultants Pty Ltd were subsequently engaged to progress the Penshurst Campus project from the Master Plan to schematic design.
- Adult Day Activity Support Service (ADASS) attendance rates maintained.
- Active Penshurst Strength Training Sessions for Older Adults were provided at Penshurst. Active DunGlen Strength Training Sessions for Older Adults were also supported at Dunkeld, as part of our ongoing involvement in the Falls Prevention Project, "Footholds on Safety".
- Regular Maternal and Child Health Clinics were conducted at Penshurst

Human Resource Management

- PDHS is participating in the Western District Health Service Registered Nurse Division One Graduate Program, a new program for Registered Nurse Division Two Graduates, and a rotation program for second year nursing graduates.
- Several new volunteers commenced during the past year.
- Two of our staff completed TAFE training for registration as a Registered Nurse Division Two in 2006, through a Commonwealth-funded training initiative.

Facilities and Equipment

- Window tinting in the acute rooms and the skylight in the Sheppard Centre was completed July 2006.
- A new videoconferencing unit with a 68cm monitor was installed in July 2006
- A new Pan Flusher was installed in Kolor Lodge in August 2006.
- Non-slip vinyl flooring was replaced in a Nursing Home bathroom and new carpet was installed in an Acute room.
- 100% hi lo electric beds throughout the Nursing Home and Acute sections.
- A ceiling-mounted data projector and home theatre system were installed in the Sheppard Centre in October 2006.
- A new Combi Steam Oven was installed in the main kitchen in May 2007.
- Sheer screen internal roller blinds were installed in a section of the Nursing Home.
- A new ride-on mower was purchased.
- A new roller door was installed on the maintenance workshop.

Information Management

- Progressively implementing the Lee Total Care software program in Kolor Lodge and Penshurst Nursing Home.
- Participated in the Virtual Visiting pilot project.
- Vital system used for all new admissions to the Penshurst Campus.
- On line booking system for visiting Allied Health services.
- Intranet and Internet access available to all staff.
- Trakhealth (Electronic Pathology Results) implemented at PDHS in October 2005
- Video Conference facilities were upgraded

Financial and Service Activity

- Activity targets were achieved.
- Penshurst Nursing Home and Kolor Lodge Hostel occupancy maintained at 100% throughout the year, with waiting lists for both facilities.
- A favourable End of Year financial result, with a small operating surplus, was achieved.

MANAGER/DIRECTOR OF NURSING REPORT



Darren Clarke
Manager/Director of Nursing

It is an honour and pleasure to provide an overview of our achievements following the conclusion of another very successful year. This year's report highlights the skill, dedication and commitment of those involved in every aspect of the provision of services at the Penshurst and District Health Service, including staff from other departments of the Western District Health Service. Our report also stands as a tribute and testimony to the vital involvement and support of our community.

During the past year we achieved a small budget surplus, whilst continuing to provide a consistently high standard of care and services. The magnificent efforts of our staff, our General Practitioner Dr Michael Forster and visiting medical officers from Hamilton Base Hospital, our Auxiliary and volunteers are acknowledged with sincere appreciation. Only by their collective efforts can we continue to achieve our objective of providing quality health services to our community.

Our staff enthusiastically embraced a range of quality improvement initiatives. Following the implementation of a completely revised 5-week rotating menu cycle in July 2006, our Catering Staff were the recipients of the annual Western District Health Service "Excellence in Service Quality" award for 2006. During the year, Margaret Meulendyks (Registered Nurse Division 2) was instrumental in the successful introduction of a recycling and waste minimisation program, which subsequently resulted in a 50% reduction in the amount of waste generated each week. In May 2007, Stuart Graham (Maintenance Officer) was

presented with a Rotary "Pride of Workmanship" Award.

Occupancy levels for our Residential Aged Care facilities have been extremely high, while the acute area and our allied health services and facilities, have also been well utilised. In March 2007 the Penshurst and District Health Service Master Plan (2004 version) was finally signed-off by the Department of Human Services. Following this, an architectural firm, Health Science Planning Consultants Pty Ltd, was engaged to progress the Penshurst Campus project from the Master Plan to schematic design. We look forward to the exciting prospect of progressing the proposed redevelopment of the Nursing Home and acute sections in the future.

I remain indebted to all who have contributed to the smooth day-to-day running of the Health Service, particularly Jennifer Paton (Nurse Unit Manager), our Registered Nurse Division 1 staff, and our reception staff. Nathalie Gash (Education Coordinator) has again ensured that our staff access a diverse range of educational opportunities and has also been busily researching the history of health services in Penshurst as part of our 50th Anniversary celebrations planned for October 2007.

Both Penshurst Nursing Home and Kolor Lodge Hostel were fully compliant in all 44 Expected Outcomes under the Commonwealth Aged Care Accreditation Standards when the facilities were reviewed in August 2006. Following this, the facilities were re-accredited until 30 October 2009. As part of maintaining Commonwealth Aged Care Accreditation, unannounced support contact visits conducted by the Aged Care Standards and Accreditation Agency in January and May 2007, with Kolor Lodge Hostel and Penshurst Nursing Home receiving very positive feedback. In May 2007, the Penshurst Hospital acute section was also surveyed by the Australian Council on Healthcare Standards, as part of an organisational-wide alignment survey.

The many hours contributed by our volunteers, whose efforts have assisted us in many ways, and the dedicated work of members of the Pastoral Care Group, is greatly appreciated. Fundraising efforts continued throughout the year, with donations totalling over \$104,000. The Hospital Ladies Auxiliary, our Murray to Moyne team the "Rouse Rare Rumps" (who this year raised in excess of \$13,500) and staff members who assist with fund raising projects and co-ordinate our trading table, have all played a major part in enabling us to obtain equipment and items that enhance the lives of our residents, patients and clients. During the year, new internal window furnishings were installed in part of the Nursing Home and a ceiling-mounted data projector and home theatre system were installed in the Sheppard Centre.

I would like to also take this opportunity to formally acknowledge Peter Heazlewood, Chairperson of the Advisory Committee, for his guidance and support, which has been most appreciated. Peter has indicated his intention to retire from the Advisory Committee when his current term expires at the end of October 2007.

In closing, I sincerely thank everyone associated in any way with the Penshurst and District Health Service for their ongoing support.

DARREN CLARKE
Manager/Director of Nursing

MEDICAL REPORT



Dr Michael Forster

This is now my second year in Penshurst, which I am thoroughly enjoying. The last year saw some pretty major changes at the Clinic. Unfortunately due to workload, I had to give up the Dunkeld part of the Practice. The Hamilton Medical Group has taken up a role offering services in Dunkeld itself and I have continued to see many patients from that region. It is entirely their choice whether they come to Penshurst or Hamilton.

Not long after the last report, Dr. Ravi Chollangi left after only a few months at the Clinic. We were very disappointed with his decision, but wish him well in whatever path he chooses.

We were sad to see Joy Darroch leave after many years associated with the Practice in both Dunkeld and Penshurst. We wish Joy well and thank her for her many years of faithful service to the Kimberley Clinic.

Health assessments for the over 75's have continued to be a high priority and we are hoping to take up more health screening with the roll out of preventive health initiatives from the Department of Health for the 45 – 50 year olds.

In mid 2007, Julie Barr who had for many years been the face of our Practice Nurse also left. We thank Julie for her many years of service and support, and wish her well in her new life in Torquay. We welcome Cheryl Roads to the position of Practice Nurse at the Clinic. Cheryl is a nurse with extensive experience in practice work, and I am sure as Cheryl settles in, we will see our preventive health initiatives blossom even further.

Diabetes remains an area of increasing need and is probably the most common of our chronic illnesses seen. With the aid of our Practice Nurse, visiting Diabetes Educator, John Kearney, and Dietician, Jodie Neilson we are hoping to get a better “handle” on this and improve the outcomes across the board.

Jodie is currently on maternity leave and I would like to take this opportunity to congratulate Jodie on the arrival of her baby boy. I wish Jodie and her family well and look forward to welcoming her back in the future. We also wish to welcome Reena Soniassy as Jodie's replacement whilst on maternity leave and hope that she enjoys her time at Penshurst.

I continue to be interested in skin cancer medicine and diagnosis and have pursued some further training in this area through Queensland University. I am hoping to enlarge our preventive health strategies with respect to skin cancer, which is such a prevalent disorder amongst the rural community.

I would like to thank the Hamilton Medical Group and the Specialists at the Hamilton Hospital for their support. The Hamilton Medical Group has been most supportive in terms of covering the Hospital and Nursing Home at times when I have needed a break, for which I am extremely grateful.

In some ways, it would seem that we have had a “massive turnover” of staff at the Clinic (and I suppose we have), but due to the calibre and tremendous efforts of our reception staff, Karen and Robyn, we have maintained a service as near “seamless” as possible.

Now all these changes have settled down, I am optimistic of a long, happy and fruitful Practice and association with the Penshurst Hospital.



L TO R: Cheryl Roads, Robyn Nieuwveld, Karen McLean

DR MICHAEL FORSTER

STAFF OF THE PENSHURST AND DISTRICT HEALTH SERVICE

JULY 2006 - JUNE 2007

CHIEF EXECUTIVE OFFICER:

JIM FLETCHER BHA, AFCHSE, CHE, MIPAA

MANAGER/DIRECTOR OF NURSING:

DARREN CLARKE RN, RM, BN, MN, MASQ, MRCNA

UNIT MANAGER

JENNY PATON RN, Dip Mgt



Jim Fletcher (CEO) and Patrick Turnbull (Deputy CEO)

DIVISION 1 REGISTERED NURSES

VIVIENNE BRADLEY RN, OR Cert, RAN

JOCELYN PATON RN, Dip Oncology

MAREE WEST RN, RM, Dip Teaching (Nursing), B. Ed (Nursing), Cert. Hth Mgt, Grad. Cert. OH&S, M Hth St (Gerontology).

JULIE BARR RN (Resigned 24-6-07)

CAROLYN TEMPLETON RN, Cert. Ster & Inf Control, HepC/HIV counsellor, Nurse Immuniser.

HEATHER KELLY RN

JUDY DELLA-VEDOVA RN

LUCY INNES RN

BETH FERGUSON RN

RAQUEL CASEY RN BN

EDUCATION CO-ORDINATOR

NATHALIE GASH RN, Cert IV Workplace Training, MRCNA

DIVISION 2 REGISTERED NURSES

DEBBIE WHITE

KATE JACKSON

WENDY HARRIS

JAN NICHOLSON

MANDY JUBB

LYN PEACH

MARGARET MEULENDYKS

KIM CAMERON

LYN LINKE

MARDI BROWN

DI WALKENHORST (Strength Trainer – Relinquished 19-3-07)

GAYE COLLINS

LORRAINE HILL

JOSCELYN MIBUS

KATE O'NEILL

TAMMIE LYONS (Casual)

Celebrating 50 Years

1957 - 2007

NURSING ATTENDANTS

CHERYLE CASEY
JOY DARROCH
BEV OLLE
PAULINE McLEAN
PAT WALKER
JOY LAMBOURN
LESLEY BARLING
SALLY TEELow
PAULINE TEMPLAR (nee LOUREY)
NICOLE RUDDLE

ADASS

BRENDA UEBERGANG (ADASS Co-ordinator)
KATE COOTE (Nurse Attendant)
MICHELLE MASLEN (Nurse Attendant)
LUCY ORMISTON (Nurse Attendant)

CATERING

RHONDA HAMILTON
CLARE-MAREE CASEY
LIZ EWING
BELINDA HILL
LEEANNE CAMERON

DIVERSIONAL THERAPIST

MARCIA CAMERON

ENVIRONMENTAL SERVICES

NORELLE BENSCH
NICOLE LANDWEHR
KAY LINKE (Casual)

MAINTENANCE

STUART GRAHAM

ADMINISTRATION ASSISTANTS

HEATHER McKENRY (Part time)
GWEN RENTSCH (Part time)
LEANNE COTTRILL (Part time)



*L TO R: Staff Member Jocelyn Mibus,
Resident Michael Laffan and Staff Member Mardi Brown
enjoy the visiting lambs.*



L TO R: Gwen Rentsch, Heather McKenry, Leanne Cottrill.

STAFF SERVICE AWARDS

5 YEARS

LEEANNE CAMERON
MARGARET MEULENDYKS

10 YEARS

CAROLYN TEMPLETON

NURSING AND ATTENDANT STAFF REPORT

Our Year In Review

It has again been a very full year with many challenges faced.

Two of our Personal Care Attendants Lorraine Hill and Gaye Collins have qualified as Division 2 Nurses and this year have been undertaking a graduate program, which has allowed them to work in both Acute and Aged Care areas across Western District Health Service. After speaking to them, they seem to have both enjoyed and benefited from this experience.

Our Associate Charge Nurse, Raquel Casey is undertaking a Graduate Certificate in Wound Management, which will be so beneficial for our care of wounds.

From last years report we were to participate in an accreditation survey in August, of which we successfully passed in all 44 standards of the Aged Care section. This shows the dedication of our staff to the facility, especially our division 2 Nurses and Personal Care Attendants who give excellent care in both the Nursing Home and Hostel. They need to be congratulated on a fine effort.



Jenny Paton
Nurse Unit Manager

I also wish to acknowledge the support of the Registered Nurses Division 1 and 2 in the Acute Hospital area.

Kolor Lodge and the Nursing Home had a spot visit from the Aged Care Agency Standard people very soon after the survey and apart from very minor adjustments to some processes we already had in place, they were very impressed!!

We continue to have 100% occupancy in the Nursing Home and Hostel with people in the community still looking to Penshurst for vacancies for their relatives. I believe this truly reflects our care and attention to our residents is second to none.

This year we sadly said goodbye to a very valued staff member, Julie Barr, after nearly 20 years of service. I will certainly miss her professionalism and her support to me in my role as Nurse Unit Manager.

With our 50-year anniversary coming along in October, I hope that Penshurst Hospital will continue to strive in excellence in the next 50 years as it has in the past.

JENNY PATON

Nurse Unit Manager

EDUCATION CO-ORDINATORS REPORT

In the past 12 months, many staff have taken the opportunity to attend external study days, whether the study days were held locally, especially at the Education Centre at Western District Health Services or as far away as Melbourne. With travelling costs increasing, it shows their dedication in furthering and maintaining skills.

Not only are study days funded by the Penshurst and District Health Service but some staff self fund their own further education studies, not only in nursing but non nursing areas. Food Safety for the Hotel Services staff and a Chair Based Exercise course to assist the maintenance of mobility in the older person have been completed.

Mandatory CPR and Fire education are attended by all staff to maintain their knowledge in these areas, with staff now able to complete a theory component of the Fire Safety on line through the Intranet, the internal electronic communication system of the Western District Health Service. All staff complete a competency of "No Lift" which maintains the skills for the safe transfer of people and safe lifting techniques.

We continue to have in-service (education) sessions on a regular basis, with lecturers mainly from Western District Health Service Education Centre and covering diverse subjects to include nursing and non-nursing staff. These take the form of hour-long lectures held in the mid afternoon to maximise staff participation.

We continue to participate in the graduate nurse program (RND1), with nurses from Hamilton Base Hospital, also the RND2 graduate nurse program, with 2 of our staff completing the course, trainees from TAFE (Hamilton) and work experience students from Hawkesdale P-12 College, the latter students gaining experience for their intended careers in health services.

My appreciation extends to the Education Centre staff at WDHS and the staff at PDHS for their assistance during the past year.

NATHALIE GASH
Education Co-Ordinator



Nathalie Gash
Education Co-Ordinator



*Participants and Lecturer's at the Women's Wellbeing day
held in the Sheppard Community Health Centre.*

DISTRICT NURSING SERVICE REPORT

Over the past year the District Nurses have continued to provide care to people residing in Hamilton, Peshurst, Caramut, Dunkeld, Cavendish and surrounding rural areas.

This care is delivered through programs such as Post Acute Care, Hospital in the Home, Home and Community Care and the Department of Veteran Affairs Community Nursing Program.

The Post Acute Care Program is currently undergoing a statewide review. Interviews with selected agencies have been conducted with a report due later this year.

During the year we welcomed two new staff members to our nursing team, Judy Sowden and Anne-Marree Simonds. Both have settled in well and are proving to be most effective team members with Judy appointed to the Clinical Risk Management Committee and Anne-Marree working in both District Nursing and the Discharge Planning Unit.

Our Palliative Care team of Heather Wilkinson and Louise Emsley continue to provide their specialised care to clients in both local and regional areas.

Provision of education for nursing staff is also an important component of their role.

From the 1st of July 2006 to 30th June 2007 the District Nurses saw 583 clients, made 21,934 visits and travelled 90,652 km's.

PAT O'BEIRNE

Unit Manager District Nursing



WDHS District Nursing Service Staff

INFECTION CONTROL REPORT



Carolyn Templeton

The infection control program at the Penshurst campus is maintained by a local infection control consultant in consultation with the Infection Control Department at Hamilton.

The program consists of monitoring and benchmarking infection rates and identifying trends. Compliance with policies, legislation, accreditation standards and best practice are also a major component of the Infection Control Program. Penshurst participates in a benchmarking program with the Rural Infection Control Practice Group (RICPRAC). This involves comparing data across Victoria with like size organisations.

Infections in aged care continue to be monitored, with Urinary Tract Infections the most common infection and an increase in respiratory infections in the winter months.

The acute patients are monitored by supplying data to the Victorian Hospital Acquired Infection Surveillance System (VICNISS). The VICNISS reports indicate that no Multi Resistant Organisms were detected and there were no occupational exposures, which compares favourably with the VICNISS aggregate.

Needle free or retractable products are implemented when a suitable replacement product is available.

Staff uptake of the influenza vaccination is also benchmarked across the state. In 2007 -72% of staff were vaccinated, which was slightly higher than 2006 with 70%. The VICNISS average for 2006 was 41%.

Staff participate in an annual infection control staff knowledge survey, which evaluates staff knowledge of infection control policy and procedure. Staff are kept informed throughout the year via monthly infection control newsletters, memorandums and staff meeting reports. Video conferencing to the Hamilton campus is also available.

Penshurst actively promoted the annual Infection Control Week in Oct of 2006. This raised awareness of infection control and its issues by posters and other information on display.

The 12-month project of promoting Hand Hygiene in selected Victorian hospitals, has been extended to Penshurst with the introduction of an alcohol and chlorhexidine hand rub that can be used at the bedside. The product has been placed at strategic points throughout the facility, allowing for quick efficient decontamination of hands, and ultimately less cross contamination.

Penshurst continues to provide a high level of environmental cleaning. This is audited to the Victorian Cleaning Standards, where the acceptable score is 85%.

CAROLYN TEMPLETON
Infection Control Practitioner

MEDICATION REVIEW SERVICE REPORT

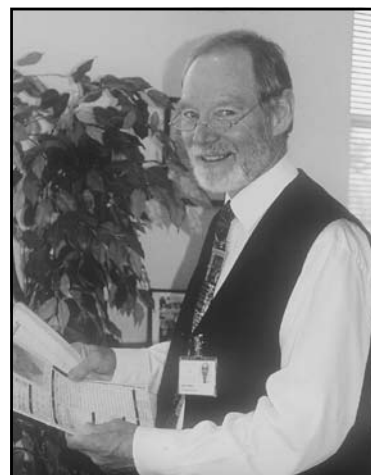
A Commonwealth-funded Medication Review service commenced at the Penshurst and District Health Service on 1 July 2004. A Medication Review Agreement was entered into with John Barke, an Accredited Pharmacist, to conduct the reviews on all 26 permanent residents of the Penshurst Nursing Home and Kolor Lodge.

The service is an important adjunct to the other medication management programs that were already in place, including regular reviews of resident medications conducted by our General Practitioner involving the Hostel and Nursing Home residents and an intermittent Clinical Pharmacy service provided by Western District Health Service.

The Medication Review service enables a Pharmacist who has been accredited by the Commonwealth Department of Health and Ageing to provide comprehensive medication reviews of each resident every six months, and to provide reports of these reviews to the facility and to the resident's doctor. The Medication Review process is an integral process identified in the 'Integrated best practice model for medication management in residential aged care facilities' (Commonwealth of Australia, 2000).

The primary objective of the Medication Review service is improved health outcomes for residents by enabling pharmacists to support doctors and nursing staff. Medication Reviews can contribute to improved resident health outcomes by identifying opportunities for optimising drug therapy and avoiding drug-related health problems.

During the course of the year, quarterly reports were submitted to the Pharmacy Development Section at the Department of Health and Ageing. In the twelve months ending 30 June 2007, John Barke completed Medication Reviews on a total of 27 residents. Several education sessions were also provided to nursing staff on a range of resident-related medications.



John Barke
Pharmacist

JOHN BARKE
Pharmacist

MEDICATION ADVISORY COMMITTEE REPORT

Administration of medicines is one of the most important aspects of the care provided to residents in residential aged care services. Whilst achieving the best possible outcomes for residents, staff are required to meet accreditation requirements, comply with State and Commonwealth legislation, and meet professional guidelines. In most cases, residents' medication regimens have significant impact upon the care and lifestyle that they experience.

The Health Service has progressively implemented the 'Guidelines for medication management in residential aged care facilities' (2002) produced by Australian Pharmaceutical Advisory Council. These guidelines have been embraced by the residential aged care industry as providing a meaningful framework for best practice in medication management in such settings. The guidelines include a recommendation that each residential aged care facility should establish, or have direct access to and utilise the services of, a Medication Advisory Committee to facilitate the quality use of medicines.

In March 2007 a Medication Advisory Committee was formally established at the Penshurst and District Health Service to provide leadership and direction in safe administration of medicines to residents by monitoring and reviewing all aspects of medication management. Membership of the Medication Advisory Committee includes our General Practitioner, Manager/DON (Chairperson), Nursing Unit Manager, a Clinical Pharmacist (WDHS) and Consultant Pharmacist (Commonwealth Medication Reviews). Relevant matters are also discussed at the Residents, Relative's and Carer's meeting, with feedback regularly sought on any issues related to medication management.



*L to R: Heather Kelly (RN Div. 1) with Natalie Jervies (Grad Nurse)
and Leah Swainson (Clinical Nurse) at the medication trolley.*

NUTRITION AND DIETETICS DEPARTMENT REPORT

Another interesting and enjoyable year at Penshurst and District Health Service has roller coasted by. The new menu has been implemented for a year now with regular cyclic maintenance an occurring theme, to keep all happy. A quote I once read and like, sums it up 'If we want things to stay as they are things will have to change' – it may take a wee bit of contemplation to understand.

The quote also relates to food and nutrition with the constant changes and/or contradictions of recommendations we read and hear about on the internet, in magazines, newspapers, books or while in the hairdressers. We are all willing participants, experts, advocates and guinea pigs if it means we shed a kilo or twenty to fit into 'that' dress or outfit for the special event next week. We are bombarded and overloaded with information about 'healthy eating'. However, the more extreme the diet, somehow, the more we seem to think this must be it, the key to my success.

Unfortunately the more we 'worry' about our health, weight, size or poor self body image the worse our relationship to food becomes. We are all much better at advising other people what they should or shouldn't be eating or drinking (be they absent or present from the conversation). Being a dietitian must mean I am an expert at 'telling' people what they shouldn't have. However, it's the least I like about my position.

To my surprise when I first started out as a dietitian and running outpatient consults I realised the clients were more nervous than I was. Some people still expect to see an old-fashioned headmistress figure with a sternly expression dictating rations of butter and sugar. I see my role as advocating good nutrition and eating practises and helping people to find this in their busy lives. Also, to educate people, young or old, on the current nutrition recommendations which are supported by evidenced based research. It doesn't mean we rule out anecdotal evidence entirely. Nor does it warrant avoiding foods we all enjoy. The best person to know what will work with your lifestyle demands is you. A dietitian is a resource who assists with the practicalities and fine-tunes any misinformation...

So you see, we can have our cake and eat it too...

JODIE NELSON
Dietitian



Jodie Nelson (Dietitian) with Darren Clarke (Manager/DON) with the 2006 award for "Excellence in Service Quality – Catering Services Department – Penshurst"



*Reena Soniassy
Dietitian*

PHYSIOTHERAPY DEPARTMENT REPORT



*L to R Yvette Schmal (Physiotherapist) and
Sue Coe (Allied Health Assistant)*

The Western District Health Service Physiotherapy Department has continued to provide inpatient and outpatient physiotherapy assessment and treatment services and resident assessment and care planning services throughout 2006/2007 to the Penshurst and District Health Service.

The Physiotherapists attend on a 3-month rotational roster. Those who have attended the service over the past year include: Yvette Schmal, Eva Yabe, Temalie Boyle and Robbie Webb.

Di Walkenhorst and Sue Coe, Allied Health Assistants, also attended to assist with exercise and rehabilitation programs for individuals needing further assistance and also assisted with the Strength Training Classes held for the Residents and the local community members.

Fluctuations in staffing levels within the Physiotherapy Department have impacted on the frequency with which this could occur. Despite this, during 2006/07 the Physiotherapy Department provided 345 hours of service over 90 visits, utilising a combination of physiotherapy and allied health assistant providers.

Once again we have been ably kept on track by the ever helpful, ever smiling reception staff. Thank you to Gwen, Heather and Leanne.

LYN HOLDEN
Chief Physiotherapy

PODIATRY DEPARTMENT REPORT

The Western District Health Service Podiatry Department visits Penshurst regularly to provide the following services to clients of all ages:

- Information regarding foot care and footwear on an individual and group basis.
- Treatment of various foot conditions which include skin and nail problems.
- Assessment and treatment of walking and foot movement problems.
- Prescription of orthotic devices and insoles which aim at either accommodating or preventing deformity.
- Correcting or controlling walking problems.
- Minor surgery under local anaesthesia to treat ingrown toenails.
- Referral to Medical or other Allied Health professionals when appropriate.

Everyone is welcome to contact the service. Although a referral is not necessary, appointments are essential due to high demand for our services. To make an appointment, please contact PDHS Reception on 5552 3000 during normal business hours. While a minimal fee is charged for accessing the service, extra charges may be incurred to cover the costs of any orthoses or insoles that may be issued.

As well as out patients, we also continue to provide a service to residents of both the Penshurst Nursing Home and Kolor Lodge Hostel. In addition, we are also committed to podiatry student placements, and the reports from past students indicate that they have consistently found the experience very welcome and enjoyable.

Thank you for the ongoing support of staff, residents and clients at Penshurst.

PHUONG HUYNH
Podiatrist

HOTEL SERVICES REPORT

After many long months and hours the beginning of July 2006 saw the commencement of our new 5-week rotating menu with its abundance of variety.

All the resident's nutritional needs and requirements, along with their personal taste preferences are taken into consideration.

It has not been an easy task, some were wondering if it was ever going to be a reality, but it has been in practice now for 12 months and people have certainly acknowledged that the amount of time and effort has been well worth it. We have made a few adjustments along the way and no doubt will continue to do so.

Implementing the new menu into the work place has required a lot of changes some of which have been a new supervisory/cook. Restructuring of all kitchen shifts occurred to make them more time efficient. A new tea shift has been included so residents now enjoy their evening meal prepared fresh and cooked by kitchen staff along with new standard recipes which also help to minimize waste.



Belinda Hill receiving the "Excellence in Service Quality" Award from Guest Speaker Mr. Jeff Kennett from the Beyond Blue Organisation.

The Nursing Home, Kolor Lodge, ADASS, Senior Citizens and Meals on Wheels have been very positive and supportive with their feed back on the new quality and variety of meals. We thank you.

Catering Services Department at Penshurst were nominated for an annual Western District Health Service "Excellence in Service Quality" award for 2006. We were proud to win the award in recognition of the job we do.

In May 2007 our new Rational Combi Oven arrived with its wide variety of possible applications: moist heat, dry heat, combi steam, vario steam and finishing mode. Staff were instructed by a chef on all benefits of usage.

Purchases of equipment for quality improvement purposes included:

- Heavy duty food trolley covers
- Dessert bowls
- Insulated soup bowls and lids.
- Fresh Fruit bowls and lids
- Cups and saucers
- Insulated drinking mugs and lids
- New glasses, water jugs, plates and saucepans
- Commercial griller
- Slender blenders

Lastly we must thank the Hospital Ladies Auxiliary and all Meals on Wheels volunteers for the wonderful service they provide, and to all kitchen staff for their continuing commitment to improving our service.

Meal Statistics 2006\07							
<i>M.O.W. (including Weekend)</i>	<i>Senior Citizens</i>	<i>Acute</i>	<i>Nursing Home</i>	<i>Hostel</i>	<i>ADASS</i>	<i>Other Functions</i>	<i>TOTAL</i>
1,485	286	4,769	17,499	10,355	536	993	35,923

RHONDA HAMILTON

OCCUPATIONAL HEALTH AND SAFETY

The first objectives of the Occupational Health and Safety Act include that a facility must secure a healthy, safe environment for the welfare of employees and other people at work.

This must include eliminating at the source any risks that could harm any person at work and ensure that the health and safety of members of the public is not placed at risk.

By undertaking a bi-annual safety check we ensure that all areas of the Health Service comply with these objectives and any hazards or safety issues have been resolved.

Earlier this year I undertook an OH & S refresher course at Western District Health Service to maintain the skills necessary to be a representative for the OH&S committee.

OH & S Committee meetings are held at Hamilton every 2 months at which OH&S issues and proposed equipment are discussed. These issues assist to make the health service environment a better and safer facility.

All staff are able to complete an Incident Report form if an item of equipment is faulty, to ensure that the hazard or fault is repaired as soon as possible.

This year, an external survey was undertaken by Worksafe Inspector John Sharples, in conjunction with Sally Hicks OH&S., WDHS to ensure that we uphold all of the standards.

We have been fortunate to have the loan of the latest in lifting machines to trial with the hope of purchasing them. These items of equipment make it easier and safer for staff to transfer those people who are no longer able to weight bear and transfer themselves without assistance.

It is a mandatory requirement that all staff attend a practical fire safety and evacuation education session with a planned scenario of an emergency code, under the guidance of Rod McCredan, from Western District Health Services.

This year we received new evacuation sheets to be used for non-walking patients/residents in the case of an actual evacuation.

The staff also undertake a theory component for Fire Safety which can be completed via the Intranet. This avoids the problem of staff having to travel for another education session, and can be undertaken at the workplace.

NATHALIE M. GASH

Occupational Health and Safety Representative



Staff members Joy Darroch (left) and Jocelyn Paton (right) undertaking hospital evacuation education by evacuating staff member Debbie White.

MAINTENANCE\GARDENING REPORT

Regular maintenance, preventative maintenance and gardening have once again been keeping me busy this year.

As well as normal duties involving garden maintenance at the Hospital and at the Independent Living Units Penshurst and Dunkeld and preventative maintenance checks, there were several larger projects completed this year.

Due to major problems with cockchafers burrowing under the asphalt at the doorway entrance etc. at the back of the facility not only causing damage to the asphalt but also emitting a dreadful smell, a new concrete slab was laid.

Due to occupational health and safety reasons the tilt a door on the maintenance storage shed in the rear car park required replacement and was replaced with a new Rolladour in April, 2007. Occupational Health and Safety also required new lock out devices to be fitted to all the electric beds to enable staff to disable footrests, headrests etc. on the beds if required.

The Independent Living Units, both in Penshurst (4) and Dunkeld (6) have had some changes to occupants over the last year.

Vinyl floor covering was replaced in a Nursing Home bathroom toilet in February, 2007 due to the old vinyl cracking.

After many years of hard work the ride on mower finally decided enough was enough and a quicker, new 34" mower was purchased in January, 2007, much to my delight.

After having many problems with the oven in the main kitchen a new Rational Self Cleaning Combi Oven was purchased in May, 2007. The kitchen staff were instructed on its use and have been very impressed with its many applications.

Due to major rainfall in June, 2007 the guttering above the Nurses Station area was unable to cope, with water coming through the plasterwork and running down the inside wall. The guttering was replaced to rectify the situation, along with the spouting at the back linen pick up area which required replacing due to vehicle damage.

The air-conditioning units for the Nursing Home and Acute Rooms which were purchased with the assistance of fundraising by the Murray to Moyne Team in 2006 finally had the installation completed in August, 2006 which has greatly improved the temperature for the comfort of our residents. I wish to sincerely thank the Murray to Moyne riders and support crew for all their efforts to raise the funds to make this purchase possible.

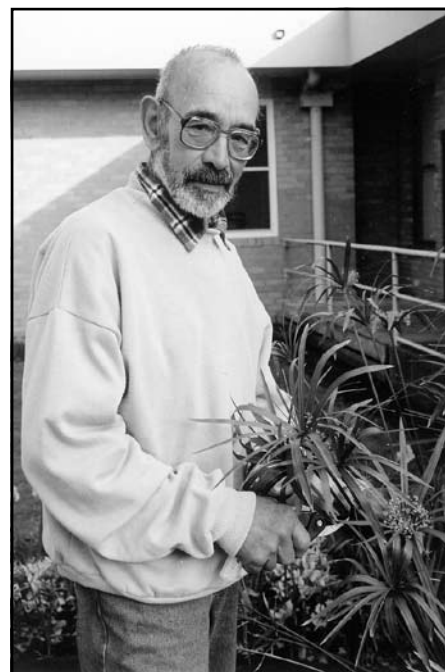
Not only have we taken care of the residents this year but air-conditioning was also installed in the staff sleepover room.

A major quality improvement purchase this year has been the installation of a new Data Projector in the Sheppard Community Health Centre. This projector is connected to a DVD, VCR, Digital TV, Analogue TV and can also be connected to computers. This has enabled special movie days, along with tennis etc. to be viewed on a big screen by the residents. The Adult Day Activity Services is also finding it very useful for the likes of Melbourne Cup Functions etc.

Due to the new Data projector being purchased the windows in the Sheppard Community Health Centre needed tinting. With a kind donation received by Alex and Kit Boyd the windows in the acute rooms were also tinted at the same time.

The warning bell connected to the fire panel near the acute hospital rooms required replacing by Elliott's Fire and Safety.

A Door bell was installed at the back door and connected to the Nurse Call System to alert staff, as the door is locked at all times.



*Tony Auden
Volunteer Gardener*

Celebrating 50 Years

1957 - 2007

Training courses I completed during the year included:

- Accreditation Course August, 2006
- Risk Man Education (new online Incident reporting system) November, 2006
- Fire Safety (Theory) training October, 2006
- Practical Fire Training October, 2006
- Wildfire Awareness October, 2006
- Fire Safety (Theory) training (on line) April, 2007.

I have been very lucky this year to receive a “Pride of Workmanship” Award by the Rotary Club of North Hamilton after being nominated by the Peshurst and District Health Service. It is with much pride that I accepted this award and wish to thank PDHS for acknowledging my service to the Hospital.

Again this year I wish to thank Tony Auden who still continues to volunteer his time on most Wednesdays and Fridays to maintain the garden within the Hospital Grounds. This includes maintaining the garden beds, pruning roses, planting new trees etc. This is a major effort as a volunteer which would average about 10 hours per week (if not more). Tony has become a very valuable member of our team and gets along well with all staff and I wish to express my sincere appreciation for his assistance in this area. It has enabled me to concentrate my time more on building repair and maintenance issues. Thank you Tony your dedication shows when you see how magnificent the gardens look.

I wish to acknowledge the support of our local trades people, especially in times of emergency.

STUART GRAHAM

Maintenance and Gardening



L TO R: Manager DON Darren Clarke with Stuart Graham after receiving his “Pride of Workmanship” award.

ACTIVITIES REPORT

The residents have had a very active year. A wide variety of interests are addressed with individual therapy plans that are developed for the residents to promote a fulfilling lifestyle. This program assists with improving: their quality of life, confidence and esteem, beliefs, fun, satisfaction, maintenance of optimum function, community contact, common interests, common abilities, physical needs, cognitive communication needs, sensory needs, social and spiritual.

Activities undertaken which promote “a Variety of Experience” include:

Shopping trips
Football tipping
Birthday celebrations
Quizzes games etc. – scrabble, dominoes, bingo
Cards
Craft – knitting, crocheting
Bus Outings
Movies
Current Affairs
Weekly church services

Yoga, Strength Training and Physio
Ball games – bocce, carpet bowls
Gazebo activities
Reminiscing
Nail and Hair Days
Library
Painting
Garden walks
Quoits, beanbag throw, Egg Pong
Barbecues

Bus Outings included a visit to Thornton’s Engineering, Sheep Vention, Alpaca’s at Kay Linke’s, Pony races at Hamilton, Native Companion tour and bus trips to Mt. Rouse, Hawkesdale, Caramut, Port Fairy, Koroit, Halls Gap, Warrnambool, Macarthur, Byaduk, Hamilton, Hexham, Mortlake, Woodhouse and the Wetlands at Penshurst.

We have enjoyed outings to the local community participating in the St. Josephs School Concert, along with attending concerts at the P.A.C. Hamilton, which included “South Pacific”, “Sleeping Beauty”, “Oklahoma”, the Gas Light Company and Col Millington.

Music Therapy has been continued on a regular basis with The Music Man attending fortnightly, Barbara Finlay conducting her sing-a-longs the last Thursday of every month, Len Read and Pam Gimson continue their support with their musical talents, Ros & Ross on the accordion on a monthly basis and Cameron’s Guitar concerts with Country Music (including a video of Around Australia). Two residents Jean Christie and Nancy Malseed also regularly enjoy time on the organ. These musical events are all very popular with all who reside here at Penshurst and District Health Service.



*Resident Nancy Malseed playing the keyboard with
Mr. Gary Price (Music Therapist)*

Babies, children, grandchildren, pets, pigs, horses, sheep, lambs, dogs, chickens and dogs have all been visitors to residents of the Nursing Home and Hostel this year. The pet therapy visits organised by Pat Walker and staff and proven to be very effective.

Western District Health Service (WDHS) has launched an innovative pilot program that reconnects families and friends with their loved ones living in an Aged Care Facility.

The pilot program known as “Virtual Visiting”, involved residents of Penshurst and District Health Service and Grange Residential Care Service using videoconferencing technology to visit with family and friends remotely. Volunteers have been trained to facilitate the visits and provide basic technical support as required by participants who may be a little apprehensive when using the technology.

Celebrating 50 Years

1957 - 2007



*Resident Sheila Harrington painting with
Diversional Therapist Marcia Cameron.*

Video conferencing uses a computer, video camera, and network such as the Internet, to conduct a live conference between two or more people. Video conferencing is an extremely beneficial method of communication for aged care residents as it enables the use of non-verbal communication and the opportunity to see their visitors on suitable large screens. Regular social contact with friends and family is important to enhance resident's quality of life and overcome the social isolation often associated with admission to an aged care facility.

We have also had numerous displays in the Nursing Home Day Room during the year with special themes, which included: Spring Carnival, Football Fever Display, Bon Voyage, Christmas Display, Valentines Day, Posters of Australia, Easter Display, Garden Shed Display, Native Display and homemade knitted crafts, embroidery and tapestry.

Special Events that were held this year included an Ecumenical Memorial Service in the Sheppard Centre, Line Dancing, World Day of Prayer, Anzac Day Service in the Car Park and at Dunkeld School, a Football Fever Luncheon, Red Cross Afternoon Tea, 50 Years celebration of the Bowling Club, Melbourne Cup luncheon and Oaks Day and an autobiography reading of Stan Coster, the man from Snowy River.

Thank you to the residents, family, friends and staff that have donated so generously to the trading table, which monies raised from assists to purchase resources for the residents.

Again, what would we do without our volunteers that give their time to assist the residents to have a better day. It is invaluable and I wish to pass on my sincere appreciation to all the wonderful volunteers at Penshurst.

Also a big thank you to staff, management, families and friends for their continued support offered to me in my role as Diversional Therapist.

Finally, on a sadder note, former Diversional Therapist and friend at Penshurst Mr. Willy Hiatt, passed away on the 30th May, 2007 after a short illness. Willy's tremendous contribution to improving the lives of many residents and staff was acknowledged at a special service held in Kolor Lodge for those who wished to attend. Willy will always be remembered fondly by all of those who were lucky enough to have spent time with him.

MARCIA CAMERON

Activities Co-Ordinator/Diversional Therapist

LOCAL VOLUNTEER PROGRAM

Volunteers play a very important part in the lives of our residents, giving their time to undertake activities with the residents or provide services to the Penshurst and District Health Service to assist the staff in enriching the lives of the residents. Without the support of the volunteers the quality of service we provide would be far less than is currently provided.

The following is a summary of contact hours and activities for Penshurst and District Health Service registered volunteers for the 12-month period July 2006 to June, 2007.

A total of 20 individual Western District Health Service registered volunteers regularly provided and recorded the following service support hours over the period.

- 670 volunteer hours – total individual contact (12.9 hours per week)
- 132.5 volunteer hours – total Group contact (2.5 hours per week)

A sample of the activities and services provided by volunteers during the period included:

- Visiting residents for discussion, company and support.
- Walks.
- Reading to residents.
- Crosswords, playing cards and games.
- Manicures and nail painting/presentation.
- Cooking sessions.
- Art sessions.
- Gardening.
- Football tipping.
- Music and Singing.
- Spiritual activities.
- Group activities
- External outings.



*Resident Muriel Macgugan, Marcia Cameron (Diversional Therapist)
and volunteer Dietmar Graichen.*

Volunteers recorded an outstanding overall total of **802.5 hours volunteer service** support for the 12-month period, which equated to an average of 15.4 hours per week contributed to Western District Health Service Volunteers.

I wish to sincerely thank the following volunteers: Tony Auden, Aileen Pye, Audrey Burger, Wendy Block, Len Read, Pam Gimson, Kim Lowcock, Anne Rentsch, Loren Teelow, Alex Rogerson, Barbara Finlay, Muriel Macklin, Brenda Mirtschin, Irene Ross, Katie Benson, Lorraine Mirtschin, Doreen Greaves, Ros and Ross Astbury and Dietmar Graichen.

JEANETTE RYAN

Volunteer Co-ordinator, Western District Health Service

ADULT DAY ACTIVITY SUPPORT SERVICE (ADASS)

ADASS aims to enhance the lives of aged, frail and disabled residents in our community through: -

- Client focussed program
- Practical and emotional support
- Access to a large range of services
- New friendships
- Relaxation and Diversion
- Participation in Community Activities
- Expressive, artistic and physical outlet

ADASS meets weekly on Thursday at the Penshurst Sheppard Community Health Centre (excluding school holidays).

Overview of Activities:

Another successful year has been completed with the ADASS program at Penshurst.

A large variety of activities centred on global, community, school celebrations, theme days, and health awareness have been utilized during the 9th year of operation.

Clients again had the opportunity to gain valuable information through:

Information, benefits, and availability of guest speakers from the Mental Wellbeing and Deaf Access, CFA, Mr Geoff Barker of Telemarketing, Angel Flight and Snell's Shoes.

Community

The welcoming hospitality of district communities has allowed the ADASS clients to visit many places of interest. Our two local primary schools, Alcoa Portland, The Hamilton Indoor Leisure Centre and attendances at the Hamilton PAC Musicals Special outings have been to Lake Hamilton fishing and a guided tour of Hamilton Aerodrome. Regular interaction between ADASS, Kolor Lodge and Nursing Home is ongoing.

Overnight Trip

The annual overnight trip, this year was to Halls Gap and surrounds for two nights. Clients' enjoyed visiting Lake Bellfield, Stawell Gift of Fame, Guided History tour of Stawell, Guided History tour of Ararat, Concert at Ararat PAC, J Ward at Ararat, Barnies Rubble at Halls Gap and the History of AFL at Moyston. All had a happy and safe time.

Theme Days

Theme Days to coincide with the calendar year are always a highlight. Staff create very meaningful and interesting days for the clients. Footy Week, Abroad for America, Brooches, Cufflinks and Tie Pins, Oaks Day Bi-Annual Christmas Concert 'Australia Day', Valentines Day, St. Patrick's Day, Wired for Sound – looking at the radio – the way it was, Easter, Hands & Feet Day, Artistic Day, Music/sing-a-longs and Exercise.

Client Referrals and Priority of Access

All clients are registered with the service and assessed by the Coordinator. Priority of need ensures that the most needy are offered a place as soon as possible. It is necessary for referrals to go on the waiting list in order to obtain a place in the program.

Targets

ADASS has met Targets set for 2006 - 2007

Celebrating 50 Years

1957 - 2007



Volunteers and Donations

Staff and clients greatly appreciate volunteers assisting us in transporting clients and helping on the day. The lives of our elderly are enhanced and many wonderful opportunities are made possible with your support, assistance and friendship.

Our sincere thanks to PDHS staff that support and assist us each week to ensure smooth running of the program.

Equipment

Thank you must go to Mr Darren Clarke DON for facilitating the purchasing of the Data Projector positioned in the Sheppard Centre. This equipment is used frequently and has added another dimension to our program

Staffing

Staffing has remained stable throughout the year and consists of the Co-ordinator and 3 Nurse Attendant/Bus drivers.

Staff training and Networking

Continued contact with other service providers, health professionals and community organisations has occurred throughout the year. Staff took advantage of educational opportunities where possible; one Staff has completed Certificate IV in Lifestyle and Leisure.

Customer/Client Feedback

Satisfaction Surveys conducted in October 2006, December 2006 and March 2007 identified health needs and expectations are being met, and overall satisfaction with services demonstrated.

BRENDA UEBERGANG

ADASS Co-ordinator



L TO R: Brenda Uebergang (ADASS Co-ordinator) with Nurse Attendants, Michelle Maslen, Kate Coote and Lucy Ormiston.

CHAPLAINCY AND PASTORAL CARE

Given the holistic approach to patient care in today's medical treatment, the Pastoral Care Group has an accepted and valuable role. To this end the Pastoral Care Group endeavours to cater for the pastoral and spiritual needs of the patients and residents of the Penshurst and District Health Service.

The Pastoral Care Group continues to meet with Manager\DON Darren Clarke on a quarterly basis to discuss issues related to pastoral care and to be informed of any relevant matters that and to consider any matters that members of the group might bring forward.

Ecumenical Prayer Services are conducted on the 3rd Tuesday of each month by one of the Pastoral Group members according to a roster system. Brenda Mirtschin continues to dedicate her time as accompanist and ensures that the relevant pastoral group member is available to attend. Thanks must also go to Irene Ross, Doreen Greaves and Lorraine Mirtschin for their assistance at these services.

In addition, each member of the group has ready access on a denominational basis for private prayer, sacraments or counselling and the like when required.

Needless to say we must also recognise and give thanks for the assistance from all members of the staff, in assisting with the arranging of the ecumenical prayer service.

Human beings, whatever their age, are to be viewed not as individuals in isolation from one another, but as persons in community. Mutual respect is developed from the love and trust we experience in caring relationships. As we learn to 'give and take', recognise individual abilities and accept limitations, we develop a sense of interdependence.

The current membership of the pastoral group includes:

Fr. Frank Madden (Catholic Church)
Rev. Allan Leggett (Uniting Church)
Lay worship leader – David Ross (Uniting Church)
Fr. Graeme Perkins (Anglican Church)
Rev. Greg Noll (Lutheran Church)
Accompanist – Mrs. Brenda Mirtschin (Lutheran Church)
Mrs. Janet Kelly (Anglican Church)
Mr. Darren Clarke (PDHS Representative)

An annual memorial service is conducted in September each year in the Sheppard Community Health Centre to remember permanent and respite residents and volunteers who have passed away whilst in the Health Service's care. Residents, staff, family members and friends are all most welcome to attend this service.

Celebrating 50 Years

1957 - 2007



Lay Preacher Mr. David Ross officiated at the Annual Memorial Service in Spetember 2006 and those remembered were:

Mrs Mary Ryan
Mr. Michael Mann
Mrs. Betty Gordon
Miss Marie Mibus
Mr Anthony Gordon
Mr Don Macgugan
Mrs Mary Logan
Mrs Jean Elliott
Mr Neil Rose
Mr Charlie Kelly
Mr Keith Crawford
Mrs Margo Wales
Mrs Leila Cook

We wish to thank all members of the staff who make us feel welcome at all times and to Mr. Darren Clarke who is supportive of our efforts to provide pastoral care for all patients and residents who may wish to utilize the services offered.



*Bev Murray and her daughter Katrina Sedmak.
Daughter and grand daughter of the late Margo Wales.*



Celebrating 50 Years

1957 - 2007

PENSHURST HOSPITAL LADIES AUXILIARY

We have a small and enthusiastic core committee. My sincere thanks to all our members and the extra volunteers who assist us with food for our catering work.

Thank you to our dedicated Secretary ~ Aileen Pye, and our proficient Treasurer ~ Judy Page. Thank you also to Assistant Secretary ~ Margaret Eales and Assistant President ~ Pam Gimson. Accolades to Muriel Macklin who enhances our projects with decorative floral displays. I also wanted to thank Kit Boyd who donates all the bread used for our functions. She also donated \$500 to the Hospital Ladies Auxiliary from funds raised from opening her garden to the public.

This is our 50th year since the establishment of our Penshurst Hospital, and it is important to highlight the past work of the Penshurst Hospital Ladies Auxiliary.

Our record book {cased in the corridor as you go into the Nursing Home Wing of our Hospital} tells us that the first President was Dr. Janet Watt in 1945. She resigned after 9 years in Office.

In the Minutes of February 1953 it is stated that the first public appeal for the Local Hospital was a "Penny Serenade Concert" on March 17th 1954.

The ladies conducted a Hospital Shop of second hand clothes and a Craft Shop for a long number of years. They always had a loyal band of helpers who assisted the Committee in the various tasks of raising money for the hospital. Looking back in the Catering Record Book commenced in 1974 it is interesting to know that the past generations of Penshurst Women were doing mammoth catering jobs ~ weddings were common along with fortnightly Apex Dinners, Penshurst Show, Coursing, Vintage Car Rallies, Funerals etc. These ladies with their enterprising vision for our Penshurst Hospital, stand tall in our memories, and we salute and thank you ~ everyone.

These past 12 months ~

- We have catered for 6 funerals
- Catered for opening of Police Station
- Ruffled a mud cake, donated by Nathalie Gash
- Ruffled Earth Cosmetics donated by Gail Symons
- Ruffled Kitchen Ware donated by Pauline Lourey
- Held a Kite Flying Day enjoyed by children and families
- A Mannequin Parade held at the Penshurst Hotel with local models, all sizes and all ages
- Enjoyed Christmas Dinner at the Penshurst Hotel
- Catered at the Penshurst Show and Penshurst Rodeo
- Catered for Health Day at the Sheppard Centre organised by Nathalie Gash
- 2 sausage sizzles ~ September 06 and May 07 in Walkers Yard in Hamilton
- Luncheon and Speaker Mr David Francis from Koroit Bakery
- Catered for Anzac Day.

Thank you to the men who assist us and particularly Evan Kelly who helped so willingly with the Mannequin Parade, Show and Rodeo catering, provided a gas burner for boiling our water during a black out. Everything is possible with Janet and Evan on board.

These past 12 months our main spending money was used to pay for :

- Interior Roller Silk Screen Blinds for Nursing Home ~ \$3733
- 2 dual pads for Hospital Chairs
- A cabinet for craft supplies \$450.

We would like to pay tribute to the Penshurst Apex Club for donations \$700 in 2006 and \$400 in 2007, to our Penshurst Hospital Ladies Auxiliary Funds.

Celebrating 50 Years

1957 - 2007



Thank you also to Wendy Eales who audits our books.

We are grateful to the late Joan Talbot for the making of wool rugs that were sold on the Hospital Stall. Mona Nicol donated a bed rug, also sold on the Hospital Stall. The money for these items was given to Marcia Cameron ~ Diversional Therapist to assist in buying Craft supplies for use with Hospital Residents. Some of our Ladies also volunteer to help Marcia with some of the recreational activities for Residents.

Thanks to the Director of Nursing ~ Darren Clarke {our first male member} who comes to most meetings to keep us informed of all the news and needs of our Hospital.

We are sorry that some of our dedicated past members have had to let go some or all of their commitments, because of health or personal reasons. It is good that Doreen Greaves is back again lending a hand with the kitchen duties.

Our first President Dr. Janet Watt died on 9th March 1958 and a "Peace" Rose was planted in her memory in the Hospital Grounds. Since then there have been many other loyal Presidents. This retiring 2007 President is hoping that the younger ladies of the Penshurst & District Community after looking back over these past 50 years, will be inspired to be part of the volunteering work of our hospital.

Please think about stepping up and joining forces with us as we go forward into the future.

Thanks to the Hospital Kitchen Ladies who have proved food for our 2007 Luncheon Annual Meeting.

BARBARA FINLAY

President Hospital Auxiliary



*Back L to R: Barbara Finlay, Judy Page, Muriel Macklin, Shirley Hewitt, Beryl Cottrill, Audrey Burger.
Front L to R: Pam Gimson, Lorraine Mirtschin, Ann Selman and Aileen Pye.*

MURRAY TO MOYNE BIKE RIDE 2007



L TO R: Riders Alix Kelly and Kirsty MacLean

The annual Murray to Moyne fundraiser was held on March 24th to 25th 2007. This ride is held annually with teams raising funds for individual hospitals and health services all over South Eastern Australia.

This year the Rouse Rare Rumps had 9 riders, Lachie McKenzie, Alix Kelly, Alix's cousins David (now known as "Boeing" for a 3 point landing) and Kirsty MacLean from Queensland, Peter Ryan, Charlie Gubbins, a new rider Gerard Diprose, Anthony Page and Brenden Cottrill.

The support crew consisted of bus drivers, Barry and John King, David Linke who supplies his own vehicle as support crew following the riders from Mildura to Port Fairy, Darren Clarke, statistician and Nathalie Gash, caterer.

Our team manager, Leanne Cottrill spent hours completing forms, getting out letters and information, completing all the paper work entailed for entering the Ride and ensuring that the riders and support crew have all forwarded their completed entry forms.

Our congratulations and appreciation must go to Anthony and Brenden for both completing their 15th ride for the Peshurst and District Health Service.

This year a total of 2040.6 kilometres were ridden, which when dispersed between the 9 riders, averaged out at 226.7 kilometres.

This year we were able to reduce one of the overheads by taking the new Peshurst and District Health Service bus, with a tow bar fitted, which towed the bike trailer.

The riders donate their bikes and extra tyres and equipment making the ride individually expensive.

Each rider approached firms and individuals to sponsor their ride and we would like to sincerely thank the riders and their sponsors. In excess of \$ 13,500 was raised this year

Again the money raised will be put towards the air conditioning of the Nursing Home and Acute areas.

Last year some of the areas had newly installed air conditioning making a substantial difference to the comfort of the Residents and staff on hot summer days.

The trip to Mildura produced hot northerly winds and dust storms but next day, more moderate temperatures produced a head and side winds that buffeted the riders making riding difficult at times.



L TO R: Gerard Diprose and Lachie McKenzie

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After riding 25 to 30 kilometres, riders then changed to the next group of riders and this continued right through the night to Hamilton, where at 2am supper at Charlie and Winks Gubbins was thoroughly enjoyed.

Some of the riders stayed in Hamilton to rest prior to the 7am ride to Penshurst where they were met by Trevor and Gwen Rentsch, who had prepared egg and bacon breakfast for the team.

Thank you to the community for the early morning welcome given to the riders as they entered Penshurst.

All the riders rode on to Port Fairy together where our bike ride ended and after a short presentation ceremony, the team and supporters were invited to a barbecue lunch at Alix and Kim Kelly's Port Fairy home where Peter Heazlewood presented the team with their medallions.

There are many people that we wish to show out appreciation for assisting in many ways to make this ride a success, including the catering staff at PDHS who supplied the barbecue lunch and WDHS for the refreshments enjoyed after the ride.

NATH GASH



Riders and Support Crew **Back:** Lachie McKenzie
Middle L to R: Peter Ryan, John King, Kirsty MacLean, Alix Kelly,
Charlie Gubbins, Brenden Cottrill, David MacLean.
Front L to R: Anthony Page, Gerard Diprose, David Linke, Nathalie Gash and Barry Linke

THANK YOU FOR YOUR DONATION

General

- Penshurst Hospital Ladies Auxiliary
- A. & K. Boyd
- Jack Brockhoff Foundation
- William Buckland Foundation
- Langston and Eastwood Estate Grant
- John Russel MacPherson Fund
- Stanley Health Fund
- Dunkeld Consolidated School
- Tabor Ladies Guild
- Grampians Golf Club
- Coca-Cola Amatil
- Lifetime Distributors
- B & D Books
- Social Club Books
- Strathkellar Hall and Reserve Committee
- Tilly Eales
- H. & K. Cameron
- R. & J. Cameron
- Mr. Glen Cameron
- L. & H. Christie
- R. & P. Cowland
- B. & J. Cowland
- K. & M. Doyle
- Doug and Anne Fleming
- Mr. W. Gordon
- Arthur & Barbara Jones
- Mr. Simon Jury
- Mrs. Janet Kelly
- Kolor East Partnership
- Mrs C.M. Kinnealy
- Jan & Robin Linke
- Barry & Val Linke
- Trevor & Dee Linke
- Mr. A. Linke
- Mr. Brian Loria
- K. & M. Mibus
- M.J. & M.L. Millard
- C. & K. Mirtschin
- D. & J. Nagorcka
- Mr. Sandy O'Brien
- R. & J. Page
- Mr. & Mrs. T. Pezzutti
- Mr. Andrew Rentsch
- P.M. & A.M. Rentsch
- Darren & Jo Rentsch
- Allan & Ann Rentsch
- A. & N. Rentsch
- J. & M. Rentsch
- R. & M. Robertson
- Neil & Irene Ross
- Mrs. Margi Ross
- M. & R. Schultz
- Betty Symes
- Mr. Ron Uebergang
- Gordon & Val Walkeden
- John and Jenny Watt
- Mr. Peter Ernest
- Mr. S.J. Prust
- Jim and Heather Dobson
- Hawkesdale C.W.A.
- Abra Products P/L
- Clive Adamson
- Mr Bill Richmond (Amro)
- Axis Accounting
- Caramut Post Office
- Chemblast Industrial Coatings
- Darren Clarke
- Coolana Corriedales
- Sammy Cooper
- BA & LM Cottrill
- Leanne Cottrill
- Arthur Cook
- Mrs Kath Cook
- George Crocomb
- Darmac Products
- Joy Darroch
- Diprose Pinegrove P/L
- Simon Edge
- Daryl Edwards
- Elders Mortlake
- PK & DM Ernest
- Eulo Partnership
- Barbara Finlay
- Jim Fletcher
- R & P Fraser
- A & J Frost
- James & Nathalie Gash
- Colin Hauesler
- PG JA & AJ Heazlewood
- DD & JM Jenkin
- Maxine Keane
- Ned Kelly
- Kerr & Co
- Kevin King
- Kinnealey Partnership
- Leanne's Natural Solutions
- Leeke Enterprises
- Lyn Linke
- Neville Linke
- Lions Club of Penshurst
- HG & SJ McKenry
- Evan McKenzie
- Fraser McKenzie
- Mick McKinnon
- Ian McLeod Vet Services
- Mackkcon P/L
- D & K Maclean
- Madigan's Tea Rooms and Antiques
- Kathy Matuscka
- Max Murray Builders
- North Gums Partnership
- O'Keefe Pithouse
- Penshurst Apex Club
- Penshurst Urban Fire Brigade
- Possum Gully Shearing Co P/L
- DR Powling
- N & A Roll
- Gerard Ryan
- Ryan Pastoral P/L
- St Albans Textiles Partnership
- Tom Simson
- Molly Slattery
- Brent Starling
- Scott Petroleum
- Stonehaven Partnership
- Te Mania Angus
- Thornton Engineering
- L & N Uebergang
- Graeme Underwood
- JR & SA Wareham
- WD Windows and Doors

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Gifts in Kind

- Rouse Rare Rumps and Support Crew
- Hospital Ladies Auxiliary
- Mr. Tony Auden
- Irene Ross
- Dunkeld Red Cross.
- Mrs. Brenda Mirtschin
- Mr. Len Read
- Mrs. Barbara Finlay
- Mrs. Win Page
- Mrs. Anna Walter
- Mrs. Muriel Macklin
- Mrs. Barbara Jones
- Martha O'Neal
- Mrs. Jocelyn Patton
- Mrs. Gwen Rentsch
- Mrs. Nicole Ruddie
- Mrs. Norma Bloom
- Mrs. Molly Slattery
- Mrs. Irene Ross
- Mrs. Cathy Edlich
- Mrs. Cheryl Hickey
- Panyyabyr V.C.A. Guild
- Tennis Australia
- Video Ezy - Hamilton
- Mrs. Verna Fry

There are many individuals who give their time or other gifts in kind (including donations\sponsorships and attending fundraising functions for the Murray to Moyne Cycle Relay, Volunteer drivers for the Nursing Home, Hostel and meals on wheels, thank you gifts given to staff), which is too numerous to mention individually. Your efforts are greatly appreciated.

PROFILE – BARRIE AARONS OAM, MB, BS, FRACS



Barrie Aarons

GUEST SPEAKER - 2006 YEAR IN REVIEW

Mr. Barrie J. Aarons has been a Doctor and Surgeon since 1958. He moved to Hamilton in January, 1966. Barrie was a surgeon specialising in Hydatid disease and had an article published in the ANZ Journal of surgery in January 2003 (Vol 73 – 1-2) on “Hydatid disease of the liver in pregnancy”.

In 1999 he received the inaugural Rural Health Award from the Victorian State Government for significant achievement and on the 26th January, 2000 he received the OAM (Order of Australia Medal) for services to Medicine and the community.

Barrie retired as a surgeon in 2003 and in 2004 had the honour of winning the Provincial Surgeons Award. This award acknowledges significant contributions to surgery in rural settings in New Zealand and Australia. The contribution would be in the form of a high standard of surgery and commitment to quality assurance and ongoing education and training for the individual and other health care staff.

Barrie realised a life long ambition in 1986 when he took up flying. He obtained his unrestricted pilot's licence in 1987 and a command instrument rating in 1992. He has logged nearly 1500 hours as pilot in command.

In May 2005 he became a registered pilot with Angel Flight and has already made over 13 mission flights. All Angel Flight pilots are required to have credentials that meet the standards of the government body CASA (Civil Aviation Safety Authority). Their aircraft must meet specified CASA and insurance minimums.

Angel Flight Australia was officially launched on 8th April, 2003. Since then nearly 1000 angel Flight missions have been accomplished helping financially needy people with kidney and liver failures, cancer, rickets, aortic stenosis, cystic fibrosis, leukaemia and more.

Angel Flight will soon have over 1500 pilots registered from all over Australia and can accept missions from and to almost anywhere.

All flights are completely free for patients and requesting agencies. Request for Angel Flight missions come from social workers, doctors, hospitals and other specialist medical facilities.

Angel Flight helps patients of all ages needing scheduled treatment at destinations where other forms of transport are physically and emotionally taxing or unaffordable, patient carers for compassionate reasons, blood and blood products, medical drugs and anyone medically and financially disadvantaged.

Along with his many years of service to the medical profession and in later years his voluntary service to Angel Flight, Barrie is also a Rotarian and a member of IFFR Australia (International Fellowship of Flying Rotarians)

We wish to thank Barrie very much for taking the time out to give us an informative and interesting talk on Angel Flight and the services it offers.

Penshurst and District Health Service

Revenue and Expense Statement for the Year Ended June 30, 2007

	2006/07 \$	2005/06 \$
<i>Revenue</i>		
State Government Grants	1,645,000	1,405,798
Patients Fees	1,138,590	1,116,380
Other Revenue	84,636	120,539
<i>Total Operating Revenue</i>	2,868,226	2,642,717
<i>Expenditure</i>		
Salaries & Wages	2,297,222	2,184,964
Direct Expenditure	217,329	230,430
Overheads	351,587	229,511
<i>Total Operating Expenditure</i>	2,866,138	2,644,905
<i>Operating Surplus / (Deficit)</i>	2,088	(2,188)
<i>Capital Items</i>		
Fundraising and Donations	104,313	140,384
Ingoing Residential Charges - Aged Care	147,386	146,928
Capital Grants	3,500	-
Surplus / (Loss) on Disposal of Asset	(5,455)	-
Depreciation	(162,238)	(110,830)
<i>Health Service Result</i>	89,594	174,294
Accumulated Surpluses at Start	429,076	392,341
Transfer to Asset Replacement Reserve	(147,386)	(146,928)
Transfer from Asset Replacement Reserve	140,662	135,645
Transfer to Specific Reserve	-	(126,276)
<i>Accumulated Surpluses at End</i>	511,946	429,076



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1957 - 2007

Penshurst and District Health Service

Balance Sheet as at June 30, 2007

	2006 \$	2005 \$
<i>Equity</i>		
Contributed Capital	3,126,784	3,126,784
Accumulated Surplus	511,948	429,076
Asset Replacement Reserve	753,773	747,049
Asset Revaluation Reserve	781,797	781,797
Specific Purpose Reserve	126,276	126,276
<i>Total Equity</i>	5,300,578	5,210,982
<i>Current Liabilities</i>		
Payables	47,486	8,528
Employee Entitlements	410,103	282,542
Monies Held in Trust	1,077,393	1,357,481
<i>Total Current Liabilities</i>	1,534,982	1,648,551
<i>Non Current Liabilities</i>		
Employee Entitlements	117,494	159,278
<i>Total Non Current Liabilities</i>	117,494	159,278
<i>Total Liabilities</i>	1,652,476	1,807,829
<i>Total Equity and Liabilities</i>	6,953,054	7,018,811
<i>Current Assets</i>		
Cash at Bank	1,537,446	1,239,534
Receivables	61,610	41,748
Monies Held in Trust	1,077,393	1,357,481
<i>Total Current Assets</i>	2,676,449	2,638,763
<i>Non Current Assets</i>		
Land, Buildings, Plant & Equipment	4,606,113	4,561,773
Accumulated Depreciation	(329,508)	(181,725)
<i>Total Non Current Assets</i>	4,276,605	4,380,048
<i>Total Assets</i>	6,953,054	7,018,811

BACK COVER PHOTOGRAPH:

Board of Management 1959:

Back Row:

Mr G. Cottrill, Mr J. Ryan (Treasurer), Mr C. Adamson, Mr M. Brown,
Mr H.J. Ewing, Mr R. Cheshire.

Front Row:

Mr A. Roll, Mr J.O.W. Smith, Rev C. Gibson (President), Mrs Gladys Uebergang.

Penshurst & District Health Service

A Member of Western District Health Service

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Penshurst Victoria 3289

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Facsimilie: 03 5576 5422

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www.wdhs.net



1957

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2007



PENSURST & DISTRICT HEALTH SERVICE 2007

