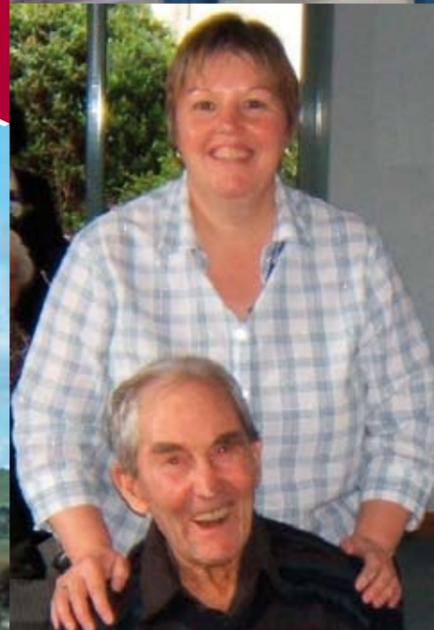




COLERAINE DISTRICT HEALTH SERVICE
 A Member of the Western District Health Service

COLERAINE DISTRICT HEALTH SERVICE



PO Box 42
 COLERAINE VICTORIA 3315

TELEPHONE: 03 5553 2000
 FACSIMILE: 03 5575 2312

YEAR IN REVIEW 2006





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You Can Help Us to Improve our Services to Our Community/Bequest/Donation



REPORT OF THE CHAIRPERSON

As of 1 July 2005 Coleraine District Health Service became a campus and a member of Western District Health Service. Coleraine District Health Service still maintains its own identity whilst Western District Health Service provides a range of support and clinical specialist services thus ensuring the long term viability of CDHS and the provision of health services to the community. We thank Western District Health Service under the management of Chief Executive Officer – Mr Jim Fletcher and supporting departments and staff for the provision of financial management, allied health services, specialist services, human resource management and administrative services. The support is truly appreciated.

Since the amalgamation the Board of Management became the Advisory/Management Committee and is involved in service and capital planning, fundraising and provides the link between the local community and Western District Health Service. The Advisory Committee extends its appreciation to Mr LE (Tunny) Baudinette and Mrs Heather Watt who retired from the CDHS Board of Management.

We welcomed Mr Tim Pitt-Lancaster as Manager/Director of Nursing to CDHS in July 2005. Tim brought with him a wealth of experience and knowledge to the position and we look forward to Tim's continued source of knowledge and expertise.

Staff are our most important resource and continue to provide professional care and service to patients, clients and residents. We are indeed fortunate to have such a wonderful, caring staff and together with their continued ongoing training and education and the expertise available from Western District Health Service they continue to maintain the proficient service that we all expect as members of the community.

An assessment of our existing buildings at Coleraine and Merino was also undertaken which has highlighted major structural deficiencies with infrastructure services, under floor, above ceiling and severe movement. In addition several buildings no longer meet the requirements and design of a modern day health service. The exception was Mackie House which is in very good and sound condition.

Based upon the assessment of the options, conditions of existing buildings and the long term service needs of the Health Service to bring all bed based services together on one site to provide greater flexibility for our ageing population, the preferred option is to consolidate all bed based services on the Mackie site with the Medical Clinic, Allied Health and Community Services in close proximity. A new facility will be built at Merino to continue to provide our current range of services.

The master plan, feasibility and business plans have been completed by the Architects and Consultants and forwarded to the Department of Human Services and the State Government for consideration. The master plan and feasibility includes a detailed examination of all options for refurbishment, partial refurbishment and rebuilding. Currently schematic plans are being viewed by staff for discussion.

A major highlight of the year was the re-accreditation of Valley View, Mackie and Wannan Aged Care Residential Services who all passed the site audit conducted by the Aged Care Standards and Accreditation Agency with flying colours. All facilities had continuous improvement systems in place that were responsive to delivering quality outcome for residents. As a result all three were re-accredited for the maximum period of 3 years which is an outstanding achievement by our staff and supportive community.

Another welcomed addition was a new state of the art X-ray machine installed at the hospital. The new machine was made possible by an \$89,000 State Government Grant. It provides the community and clinicians access to modern day x-ray equipment

The management of financial resources is a continual challenge for health services and the continued efforts of the staff in Coleraine and Hamilton has allowed CDHS to finish the financial year with a small surplus

We continue to have strong support from our community, Auxiliaries and Volunteers and commitment of Committee Members. We extend our appreciation for their tireless work and look forward to their ongoing support. We again thank our staff and Visiting Medical Officers for their excellent support and their contribution is acknowledged and appreciated.

We also acknowledge the contribution of the Department of Human Services staff, State and Commonwealth Government, local parliamentarians, local Councillors and media.

We are committed to the long term sustainability of CDHS and the provision of optimum health services to the community as we move into the future.

SANDRA ADAMS

Chairperson
Management Committee



Dr Neville Wulff was eager to use the new state of the art X-ray machine on 'willing volunteer' Nurse Unit Manager-Denise Beaton. CDHS Manager/DON-Tim Pitt-Lancaster looks on



COLERAINE

Coleraine is situated 34 km North West of Hamilton; Europeans first settled the Coleraine area in 1838 for pastoral grazing. Today the primary products are fine wool and beef.

The town boasts a Historical railway station, a Chocolate Factory, open for daily tastings, the Eucalyptus Discovery Centre and the Points Arboretum located on the southern outskirts of town on the Coleraine-Portland Rd. The Arboretum has the largest number of eucalyptus species in Australia along with other native plants that attract a varied and prolific range of birds.



HISTORY

The original Coleraine and District Hospital was established in 1931 as the result of a public meeting, which demanded the replacement of an unsatisfactory private hospital with a community hospital. At this time a Committee was formed for the establishment of a bush nursing hospital.

A Hospital was opened on the present site in May 1935 with 14 beds and became a District Hospital in 1948 with the number of registered beds increasing to 25 beds in 1954 but reducing to 23 beds in March 1988.

In June 1989, eight of the 23 acute beds were classified to Nursing Home beds to meet the need for long term residential care and a further four Nursing Home beds were approved in July 1994, providing the current total beds as 27, 12 Nursing Home beds and 15 Acute hospital beds.

On Thursday 12th June 1969, Mr W Templeton, the then Shire President, arranged a public meeting to consider an offer of a house from the Estate of Late Miss Lottie Lyons to be used as a home for the elderly. While the offer was not taken up, the issue of residential aged care was clearly a community concern and a Homes for the Aged Committee was formed.



This committee purchased a most attractive site with views over the township, where Strathallan now sits today. The first residents moved in April 1972. Later the house next door became available, and after purchasing it the Homes for the Aged Committee set about minor modifications and named the facility Gordon Mackie – Mackie House.

In 1980 the Homes for the Aged Committee purchased the Coleraine Motel with 12 rooms and added a further 3 rooms in 1991. Mackie Court was built and officially opened in May 1995 providing an additional 26 rooms for low care residential accommodation.

The Committee of Management for the Homes and the Hospital Board of Management amalgamated and then in July 2000 the Coleraine and District Hospital, Coleraine & District Homes for the Aged and Merino Bush Nursing Centre officially amalgamated to form the Coleraine District Health Services.

Merino was originally established as a Bush Nursing Hospital in 1958 after pursuing government funding since 1944 when soldier settlement began to swell the district's population. The hospital closed in August 1991 and reopened as a Bush Nursing Centre in May 1992.

Coleraine District Health Services also provides 25 independent living units, 14 units at Strathallan, the first units built in 1972. The Board then purchased 3 units near completion in 1998, on the same site as the hostel. In 2000 the second stage of St. Joseph's Court independent units was completed with 8 units offering a new era of modern, private and secure independent living accommodation.

During March 2004 the Boards of Coleraine District Health Services and Western District Health Service signed a heads of agreement to amalgamate from 1 July 2005. The amalgamation was launched by the Acting Mayor of Southern Grampians Shire Mr. Mick Leeming on 30 June 2005 with Coleraine District Health Services becoming a campus and member of Western District Health Service on 1 July 2005.



Participants, assistants and volunteers from the Coleraine Planned Activity Group gathered out the front of their new home in Pilleau Street which they have named "Golden Lodge" for their Day Activity Centre



RANGE OF SERVICES

The Hospital:

- Emergency Room for minor ailments and accidents only (Note: any condition or accident of a serious nature must be transferred immediately to Hamilton Base Hospital campus of Western District Health Service)
- 15 Acute Care Beds
- 12 Nursing Home Beds – Valley View Nursing Home
- General Medicine
- Venipuncture – Blood Taking
- Meals on Wheels



The Allied Health:

- Dental Service
- Podiatry Service
- Physiotherapist Service



Aged Care:

- Valley View Nursing Home (as listed above)
- Wannan Court Hostel 15 Residents
- Mackie Court Hostel 25 Residents
- Respite Care (1 place)
- Aged Care Assessment Referral Assistance

Home and Community Care Services:

- Planned Activities Group
- District Nursing

Community Health Services:

- Diabetes Education
- Dietitian Service
- Asthma Education
- Footcare
- Massage
- Walking Group
- Carers' Group
- Healthy Living Group
- Keep Fit Classes: Silver Sneakers, Pilates Based Mat Classes, Tai Chi, Relaxation, Fitball



Merino:

- Nursing Centre
- Visiting GP
- Planned Activities Group
- Footcare
- Asthma Education
- Diabetes Education
- District Nursing

Independent Living Units:

- Strathallan (14 single bedroom Units)
- St Joseph's Court (8 two bedroom Units)
- Wannan (2 two bedroom and 1 three bedroom Units)





MANAGEMENT COMMITTEE

The Coleraine District Health Service Management Committee comprises seven members of the community who are commissioned to advise the Western District Health Service Board on issues in relation to the Coleraine community and district on health needs and services.

The Committee's operation is governed by the by-laws, rules and standing orders of the Health Service.

Functions of the Management Committee

The functions of the Committee as authorised by the WDHS Board are:

- Review the performance and operations of the Coleraine District Health Service
- Be responsible for service planning, service delivery and service quality activities for the Coleraine community and make recommendations to the Board of the Service.
- Make recommendations on the strategic plan of the Service (so far as it relates to Coleraine District Health Service) to the Board of the Service
- The Committee conducts bi-monthly meetings.

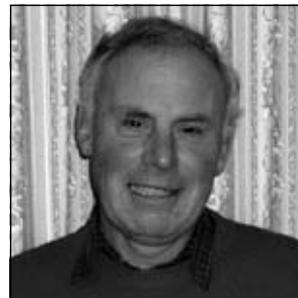
The Management Committee are grateful for the assistance of Mr Jim Fletcher, Mr Pat Turnbull, Mr Nick Starkie and staff of the Finance Department of the Western District Health Service in reviewing and planning performance.



Mrs Sandra Adams
Chairperson
Commenced 1997
Term of Appointment:
2003 - 2006



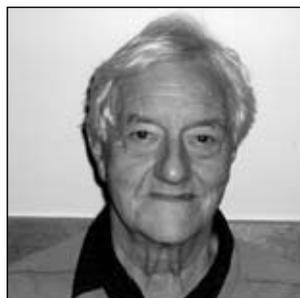
Mr Ron Jones
Commenced 2002
Term of Appointment:
2004 - 2007



Mr John Dean
Commenced 1984
Term of Appointment:
2003 - 2006



Mr Wilf Dinning
Commenced 1999
Term of Appointment:
2005 - 2008



Mr John McMeekin
Commenced 1994
Term of Appointment:
2003 - 2006



Ms Gabrielle Baudinette
Commenced 2005
Term of Appointment:
2005 - 2008



Mr John Northcott
Commenced 1999 - 2002, 2004
Term of Appointment:
2004 - 2007

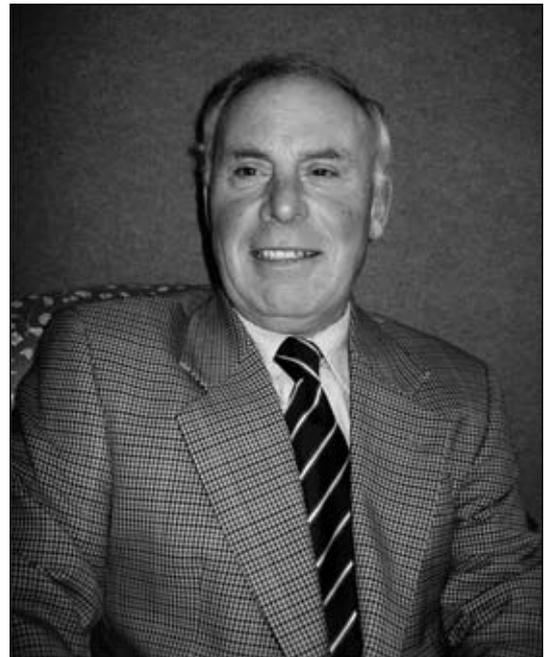
Both Mrs Heather Watt and Mr Leslie Baudinette resigned at the end of their terms in 2005



RETIRING BOARD / MANAGEMENT COMMITTEE MEMBER – MR JOHN DEAN

John was appointed to the Coleraine and District Hospital Board of Management on the 7th November 1984. During his respective terms he held the positions of Junior Vice President, Senior Vice President, President and Treasurer. He was first appointed to the Western District Health Service Board of Directors in July 1997 and his current term expires October 2006 after which he has elected to retire from the Board and Management Committee.

John has had many experiences whilst a Board Member. Early in his appointment the newly appointed Regional Director Mr John McClelland visited Coleraine, hence people may remember “The McClelland Report”. The Committee believed that it had convinced Mr McClelland of the necessity for acute care services for this town, also for the urgent need of the kitchen remodelling, and provision of nursing home accommodation. It was a trend that the Board became very good warriors and through their perseverance Coleraine continued to survive and grow.



John has been involved in many building projects, remodelling and refurbishments which include the new Nursing Home, allied health services wing, the new hostel and the remodelling of the kitchens in the 1980's, etc.

During John's time as President it was impossible not to be a bit apprehensive when looking around and seeing hospitals being closed and services reduced. To ensure that our services were maintained an amalgamation was considered to oversee the functions of all services and provide a unified multi purpose conglomerate from which to negotiate funding. The Committee of Management for the Homes and the Hospital Board of Management merged in 1993, followed by the Coleraine and District Community Services Group and then in July 2000 the Coleraine and District Hospital, Coleraine and District Homes for the Aged and Merino Bush Nursing Centre officially amalgamated to form the Coleraine District Health Services. More recently on 1 July 2005 Coleraine District Health Services merged with Western District Health Service whilst retaining its own identity.

John has seen and been involved with the terminology: Role Statements, Objectives, Goals, Performance Measures, Targets, Casemix funding, Health Service Agreements, CAM/SAM Funding, Applications for Additional Nursing Home beds, Needs Survey and Service Plan, SWARH, arrival of GST, preparation for the Millennium Bug, Business Plans, Service Planning, statistical and financial information, etc..

John has indeed seen and been involved in many events during his time with Coleraine. He has been an invaluable asset, has a terrific grasp and clear thoughts on a wide variety of subjects. His contribution, knowledge and ability have truly been of benefit and appreciated by the Board, staff and the community. We thank John and wish him and his wife Leigh all the best for the future.

HONOUR ROLL OF THE COLERAINE DISTRICT HEALTH SERVICE

LIFE GOVERNORS:

Apex Club of Coleraine
Mr CN Austin *
Mrs SJZ Austin *
Mr SJ Bird *
Mrs M Broers
Mrs A Brumby
Mrs B Bunge
Mr MGK Bunge *
Mrs R Bunge
Mr RJ Bunge
Mr KM Byrne *
Mr DE Calvert *
Mr FR Denney *
Mr CH Dew *
Mrs EJ Douglas *
Mrs E Fidler
Mr GM Finch
Miss RE Fitz-Gerald *
Mr AH Francis *
JN Fraser *
Hon M Fraser
Mr PD Gardiner
* *Deceased*

DW Gardner *
Mr D Gausson
Mrs MMH Hope
Mr RS Hope *
Dr SW Hyland *
Mrs M Kelso *
Mr LJ Kerr *
Mrs CM Koch *
Mrs C Langley
Lady J Law-Smith *
Sir RR Law-Smith *
Mr LW Learmonth *
Mrs V Lawson
CG Mackie *
J McNair *
Mrs J McNair *
Mr R Muir
Mr RH Nagle *
Mrs B Pearce *
Mrs ME Pearce *
Mr AW Punshon *
Mr JAD Riddoch *

Mr GF Riordan *
RIC Roberts *
Mr M Robertson
Mrs C Rolfe *
Mr ER Simson *
Canon WJ Tame *
Mrs AM Taylor *
Mr WE Taylor *
Mr H Templeton
Mr PA Thornley *
Mrs L Tippett
Mr GR Tschirpig *
Dr WR Tonkin *
Dr CR Wain *
Mrs M Waldron *
Mrs V Wallis
Mr Claude Ward *
Mr HM Wettenhall
Mrs M Wettenhall
Mr RG Wishart *
Mr JC Wright *

COLERAINE AND DISTRICT HOMES FOR THE AGED

Mr LE Baudinette
Mr NR Baudinette

Mrs B Fitzgerald
Mrs ES Holmes

Mrs H Hutchins
Mrs L Tippett

MERINO BUSH NURSING CENTRE

Mr R Ball
Mr D Clayton

Mr G Henty-Anderson
Mr J Northcott

Mrs D Simkin



Mrs Sandra Adams-Chairperson makes a presentation to retiring Board Member Mrs Heather Watt (left)



Mrs Sandra Adams-Chairperson presenting retiring Board Member and Life Governor Mr Tunny Baudinette with a token of appreciation. Mrs Margaret Baudinette looks on while Mr Tim Pitt-Lancaster-Manager/DON is in the background



HONOUR ROLL OF THE COLERAINE DISTRICT HEALTH SERVICE

PRESIDENTS OF THE BOARD:

1930-1935	Mr Chas Rolfe	1977-1981	Mr PD Gardiner
1935-1952	Mr RH Nagle	1981-1983	Mrs CM Koch
1952-1953	Mr SJ Reed	1983-1986	Mr KM Byrne
1953-1954	Rev AH Leitch	1986-1988	Mr RJ Bunge
1954-1955	Mr RH Nagle	1988-1991	Mr H Templeton
1955-1959	Can WJ Tame	1991-1994	Mr J Dean
1959-1963	Mr SJ Bird	1994-1996	Mr M Robertson
1963-1965	Mr DG Robertson	1996-1998	Mrs M Broers
1965-1971	Mr GM Finch	1998-2000	Mr LE Baudinette
1971-1973	Mr MG Fitzgerald	2000-2002	Rev RA Manley
1973-1977	Mr HM Wettenhall	2002-2005	Mrs S Adams

SECRETARIES / CHIEF EXECUTIVE OFFICERS:

1930-1936	Mr JC Hurry	1961-1987	Mrs AK Kealy
1936-1972	Mr HA Hill	1987-1989	Mr D Jones
1942-1947	Mr WE Taylor	1989-1999	M GR Tschirpigg
1947-1953	Mr HA Hill	1999-2002	Miss J Cannon
1953-1954	Mr R Potter	2002-2005	Ms L Vause
1954-1961	Miss E Duffell		

MATRONS AND DIRECTORS OF NURSING:

1930-1932	Sr Prendergast	1952-1972	Miss RE Fitz-Gerald
1932-1935	Sr Ramsay	1973-1978	Mrs ES Holmes
1935-1936	Sr Ford	1978-1985	Mrs AC Fitzgerald
1936-1937	Sr Knox	1985-1987	Mrs A Raven-Richards
1937-1939	Sr Wells (Mrs P McKebery)	1987-1991	Mrs S Malborough
1940-1941	Srs Talbot, Ingleby, Rees, Ramage	1992-2000	Mrs J Pymmer
1942-1947	Sr C Templeton	2000-2003	Mrs J Handbury
1947-1949	Sr J Gordon	2003-2004	Mrs L Vause
1949-1952	Srs J Davey, A McAlpine, F Petchell	2004-2005	Mrs R Mitchell

MEDICAL OFFICERS: (From 1953)

1953-1965	Dr WR Tonkin	1996-2002	Dr M Magill
1953-2002	Dr CR Wain *	1999-	Dr N Wulff
1955-1958	Dr C Baldacchino	1999-2001	Dr P McGibbon
1967-2001	Dr SW Hyland *	2000-	Dr G Prozesky
1981-	Dr BS Coulson	2002-2003	Dr G Langainarayanan
1990-1996	Dr J Hryckow	2004-	Dr K Tan
1992-1999	Dr ST Rudd	2005-	Mr M Deary
1992-1996	Dr P Muskett		

DIRECTOR OF MEDICAL SERVICES:

2001-2005	Dr B Warton	2005-	Dr J Dunn
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Coleraine District Health Service amalgamated with Western District Health Service 1st July 2005

PRESIDENT

2005 - Mrs Sandra Adams

**CHIEF EXECUTIVE
OFFICER**

2005 - Mr Jim Fletcher

**MANAGER/DIRECTOR
OF NURSING**

2005 - Mr Tim Pitt-Lancaster

Dear Community Member

***Do you have any historical records relating to
Coleraine Bush Nursing Hospital
Coleraine & District Hospital
Coleraine and District Homes for the Aged
Merino Bush Nursing Centre?
If so, we seek your assistance.***

We are trying to locate any historical files relating to the Coleraine Bush Nursing Hospital since its inception in 1931 and the Coleraine and District Hospital since its establishment on our present site in May 1935, as well as any historical information pertaining to the Homes for the Aged and the Merino Bush Nursing Centre.

Any historical information, Annual Reports, etc. you may have would be invaluable to us and very much appreciated. In particular any historical photographs showing any changes to the facilities, openings, events, etc. would be incredibly welcomed. We would be able to scan these photos to enable us to have a record and return the original to you.

If you have anything you think we might like to have for our records could you please contact the undersigned.

Tim Pitt-Lancaster
Manager/Director of Nursing
Coleraine District Health Service



THE YEAR IN REVIEW

SUMMARY OF ACHIEVEMENTS 2005/2006

COLERAINE DISTRICT HEALTH SERVICE

Coleraine District Health Service (CDHS) has continued to ensure our services are directed towards meeting the needs of our consumers, including residents, patients, clients, and the community at large. In collaboration with the other departments of Western District Health Service, we have maintained a broad range of services that are accessible, timely and provided in accordance with the priorities outlined in our Operational Plan.

Corporate Identity

- In October 2005, around 80 people attended the last Annual General Meeting of Coleraine District Health Service. Guest speaker was Ms Beth Wilson, Health Services Commissioner who made a very informative and entertaining presentation.
- The Manager/Director of Nursing has attended a range of meetings, representing the Health Service
- Ongoing fundraising during the year has greatly assisted our goal of continually enhancing and upgrading our facilities
- Annual Appeal letter sent to households in May 2006 and \$4345 was raised in donations up to the end of June.
- Community Newsletter circulated on regular basis as well as articles appearing in the Hamilton Spectator



2005 AGM Guest Speaker – Ms Beth Wilson is surprised with a presentation made by Manager/DON – Tim Pitt Lancaster and Board Member – Mr John McMeekin

Performance Monitoring

- The Aged Care Standards Agency conducted site support visits at the Wannan Hostel and Valley View Nursing Home in August 2005 – The Surveyor provided very positive feedback on the level and quality of care provided to our residents for both sites. Our Residential Care Services remained compliant in all 44 Expected Outcomes when a survey was undertaken during November for ongoing Commonwealth Aged Care Accreditation. Valley View, Mackie and Wannan Aged Care Residential Services all passed the site audit conducted by the Aged Care Standards and Accreditation Agency with flying colours – As a result all three were re-accredited for the maximum period of 3 years until March 2009
- All new staff and postgraduate nursing students on placement at the Health Service participate in a structured orientation program specific to our facility
- WDHS Policy and Procedure Manuals (General, Clinical and Nursing available for staff information on the Intranet.
- Our Internal Cleaning Audit results remain above the benchmark
- An excellent result was achieved in state-wide Pressure Ulcer Point Prevalence Survey (PUPPS), with Coleraine having a 12.5% incidence rate across the acute area
- Full compliance was achieved with an External Food Safety Audit
- Investigation of all complaints was initiated within 24 hours of receipt
- Bi-monthly Residents Meetings continue



Quality Improvement and Risk Management Initiatives

- The annual Resident Satisfaction Survey, conducted from September 2005 to February 2006 achieved an overall score of 82
- All clinical staff completed “No-Lift” competency refresher education
- 70 staff completed CPR competency education, 80 staff completed the mandatory Fire and Safety Competency audit
- A comprehensive Menu Review commenced in 2005 and is progressing during 2006
- Duress System and Panel brought on line in August 2005 across all facilities
- Opportunity for Improvement forms continue to be used with great results
- Staff flu immunisations for 2006 (41% staff)
- Policy and education requirements developed with regard to the administration of Thrombolytics
- Mr Ron Jones appointed to WDHS Board of Directors, Project Control and Audit Compliance Sub-Committees on 1/7/05
- Aged Care Quality Improvement Plans submitted and approved by the Aged Care Standards Accreditation Agency
- Security of Medical Clinic upgraded
- Wannan Security conducted an audit and provided recommendations to improve security
- 100% Food Safety Audit conducted January 2006 resulting in compliance
- External Cleaning Audit conducted in April 2006 overall result was 94.3%
- Internal Cleaning Audit continue to be conducted with good results
- Video conferencing, video presentation and library facilities for staff to utilise
- Standardization of forms, practices across CDHS in line with WDHS practices

Service Planning and Development

- Consultants appointed for Capital Project
- Building Redevelopment Project on the Move – The master plan feasibility and business plan completed by the Architects and Consultants and forwarded to the Department of Human Services and the State Government for consideration. The master plan and feasibility includes a detailed examination of all options for refurbishment, partial refurbishment and rebuild, total rebuild, etc.
- Based upon the assessment of the options, conditions of existing buildings and the long term service needs of the Health Service to bring all bed based services together on one site to provide greater flexibility for our ageing population, the preferred option is to consolidate all bed based services on the Mackie site with the Medical Clinic, Allied Health and Community Services in close proximity. A new facility will be built at Merino to continue to provide our current range of services.
As a first step to acquiring more space we have purchased 68 Pilleau Street, which will be used in the interim for our day activity programs and the Shire of Southern Grampians Maternal Child Welfare
- Planned Activity Groups (Coleraine and Merino) attendance rates maintained
- Ongoing involvement in Falls Prevention Program in the facility as well as workshops with local community groups`
- Keep Fit Program provides a range of classes to suit the community’s needs: Silver Sneakers, Tai Chi and Fit Ball Plus, Relaxation and Stress Reduction class and Tai Chi.
- Walking Group continues under the guidance of the Community Health Nurse
- Successful in receiving Active Living Grant for \$1690 from the Southern Grampians & Glenelg Primary Care Partnership for the Keep Fit Program
- Approval in principle received from Council to acquire the entirety of the old Wannan Shire site
- Following the resignation of the Physiotherapist – Physiotherapy services are being provided from within WDHS



Human Resource Management

- Mr Tim Pitt-Lancaster commenced as Manager/Director of Nursing in July 2005
- Dr John Dunn commenced as the Director of Medical Services for WDHS in September 2005. Dr Dunn replaced Dr Bruce Warton
- Dr Mark Deary took up appointment with Coleraine/Casterton Medical Group
- Ms Denise Beaton was appointment to the vacant full-time Nurse Unit Manager position October 2005
- Appointment of Rosie Perks as an Associate Charge Nurse in May 2006
- Coleraine participating in WDHS Graduate Program
- An additional 10 volunteers have commenced during the past year
- Continuing staff education through seminars and study days both locally and regionally
- Annual staff competencies continue in the areas of: No Life, CPR, Evacuation Training, Emergency Codes, Extinguisher training, Div 1 Nurses-Semi automatic Zoll Monitor defibrillation, District Nurses: Anaphylaxis written exam

Facilities and Equipment

- Gas hot water services replaced in Hospital, Mackie and independent living units
- New state of the art X-ray machine installed at the Hospital replacing old mobile machine
- Removal of old sterilisers in Hospital
- Replacement of main electrical contactors in switch room
- Three air-conditioners replaced in independent living units
- Repairs to lighting at Mackie Court
- Ongoing maintenance, painting and gardening programs continue to keep the buildings and gardens at a high standard
- Vinyl repairs at Strathallan Units
- Replacement Community Bus
- Removal of two spotted gum trees considered to be unhealthy and posing a significant risk
- Roofing main building – roof trusses reinforced in January 2006
- Establishment of permanent education room in the Old theatre suite
- The Hospital Ladies Auxiliary held a very successful fete in November 2005



Information Management

- Vital system used for all new admissions to Coleraine
- On-line booking system for visiting Allied Health Services
- Intranet access available to all staff
- The installation of an Eftpos terminal in the administration office will allow the payment of accounts electronically
- New video-conferencing system installed at both Coleraine and Merino as part of the SWARH Virtual Services Project
- Electronic pathology reports now being used

Financial and Service Availability

- Nursing Home, Hostel and Independent Living Units occupancy maintained at high levels throughout the year
- A favourable End of Year financial result, with a small operating surplus achieved



*The new Community Bus pulls up.
Coleraine Planned Activity Assistant - Amanda Torney is
ready to help out participant Joan Harrip and Volunteer Dot Woolley*



MANAGER / DIRECTOR OF NURSING REPORT

On behalf of all staff at the Coleraine District Health Service, it is my privilege to report on some of our achievements over the past year, our first under the guidance of Western District Health Service.

During the 2005/2006 financial year we have continued to provide an extremely high standard of care and a wide range of services, whilst achieving a small budget surplus. This is a reflection of the dedication and commitment of all staff across the Coleraine District Health Service as well as staff from many departments within Western District Health Service, in achieving excellence in service provision through the most cost effective way.



*Coleraine District Health Service
Manager/DON – Mr Tim Pitt-Lancaster
pictured shortly after his arrival in Coleraine*

Whilst conducting the duties required with my role I have the privilege of working with a highly skilled, versatile and dedicated team and I would like to acknowledge the outstanding support and assistance that I have received from all staff.

While the ongoing success of the Coleraine District Health Service is due to the combined efforts of everyone involved, the efforts of those that contribute to the day to day management of the Health Service deserve recognition, particularly Denise Beaton, Leonie Nolte and Doug Moore.

It is also important to mention the many hours that are contributed by our volunteers, whose efforts have assisted us in so many ways. Furthermore, the dedicated work of the members of both the Homes For The Aged and the Coleraine Hospital Ladies Auxiliaries is also greatly appreciated.

Occupancy levels of all residential aspects of the Health Service have remained high throughout the year. This is a great reflection on the staff and the services offered.

As part of maintaining Commonwealth Aged Care Accreditation of our Residential Aged Care Facilities, the Aged Care Standards Agency conducted a support visit in August 2005, with both the Valley View Nursing Home and the Wannan Court Hostels receiving very positive feedback. This feedback was beneficial leading into our full accreditation visit which was conducted in November 2005. Following the 2 days of reviews of both Valley View and Wannan Hostels were found to be compliant with all 44 expected outcomes and were re-accredited for a further 3 years. This level of recognition was again confirmed when the Aged Care Standards Agency conducted an unannounced visit in March 2006.

Along with all staff, I sincerely thank the local community for their valued support during the last financial year and we look forward to their ongoing support as we continue to progress the Coleraine District Health Service forward.

TIM PITT-LANCASTER
Manager/Director of Nursing



STAFF LIST

Chief Executive Officer

Jim Fletcher

Manager/DON

Tim Pitt-Lancaster

CLINICAL SERVICES

Nurse Unit Manager

Denise Beaton

Associate Charge Nurses

Faye Kelly

Susan Ferrier

Paula Gunning

Dora James

Lorace Parsons

Rosemary Perks

Wendell Shaw

Registered Nurses - Div 1

Larry Adams

Judith Burgess

May Ferguson

Katrina Hodgson

Emily McCallum

Diane McLean

Tracy Plunkett

Registered Nurses-Div 2

Susan Anson

Kath Baugh

Margaret Mary Baulch

Marilyn Callaby

Claire Goldby

Debbie Egan

Melissa Jacobson

Lyn Marsden

Lynette Monaghan

Anne Rigby

Elizabeth Talbot

Anne Youl

Div 2 Apprentice

Jade Roberts

Ward Assistants

Nicola Jones

Catherine Munro

District Nurses

Alison Armistead

Leigh Dean

Jane Bunge

Camilla Dundon

MERINO

Nurse Manager

Jan Koch

Bush Nurses

Gwendoline Baulch

Pauline Laidlaw

Environmental Services

Margery Owens

Kathleen Rhook

WANNON HOSTEL

Hostel Supervisor & Care Co-ordinator

Leonie Nolte

Personal Care Attendants

Cassie Atchison

Ronda Baker

Christine Barnes

Glenise Benson

Debra Bickley

Kathleen Brown

Lorrae Clarke

Belinda Day

Jennifer Fitzgerald

Sharon Gorrie

Maureen Irving

Marlene Lee

Dianne MacDonald

Elizabeth Millard

Janine Milton

Kelly Nicholson

Therese Nolte

Jillian Peterson

Fay Picken

Lorraine Plunkett

Marie Rigby

Debra Robinson

Deidre Spencer

Kathryn Sypott

ALLIED HEALTH SERVICES

Physiotherapist

John Cooney

Keep Fit Program

Valerie McIntosh

Community Health

Judy Joyce

Activities & PAGs

Annette Harris

Susan Dodd

Amanda Torney

CATERING SERVICES

Executive Chef

Leanne Rigby

Chef

Marie Grinham

Food & Domestic Services

Kathryn Armstrong

Shirley Broad

Tania Deutscher

Tamara Hudson

Patricia Jacobson

Cassandra Milton

Dorothy Milton

Maxine Rigby

Beverley Spring

Janene Taylor

Janeece Waldron

ENVIRONMENTAL SERVICES

Services Supervisor

Maryanne Spong

Ann Cameron

Tracey Millard

Shirley Milton

Laurice Picken

Catherine Stiglich

FINANCE

Nick Starkie

David Knight

ADMINISTRATION

Kerryn Feely

Margaret Grinham

Julie Pollock

Jane Robertson

MAINTENANCE

Supervisor

Doug Moore

Neville Barker

Andrew Healy

Philip Perry

John Rhook



STAFF SERVICE MILESTONES

The Management Committee recognises the service given to the Coleraine District Health Service by a number of long serving staff members and congratulates the following staff members who have exceeded ten years of dedicated service during the year.

10 years

Margaret Grinham
Margery Owens
Kathryn Armstrong

15 years

John Rhook

20 years

Deborah Egan
Leonie Nolte





NURSING SERVICES REPORT

I have worked at Coleraine District Health Services for almost 20 years and have been through many changes in direct client care, documentation, accountability and administration.

In July 2005 Coleraine experienced its yet biggest change, the amalgamation with Western District Health Service. The transition has been a smooth process with ongoing support and expertise from WDHS.

Coleraine has many staff that have worked for a number of years and are a dedicated and a reliable work force but are now looking towards retirement or reducing rostered hours. As with all rural hospitals staffing is an ongoing challenge and staff recruitment is ever on the agenda.

Coleraine continues to strive towards maintaining an excellent quality of care and this is clearly evident with our ongoing commitment to continuous quality improvement. In November 2005 Coleraine Aged Care facilities achieved re accreditation in all 44 standards. I thank all staff for their commitment and assistance with this result.

We have developed a facility wide Quality Improvement Committee with representatives from all areas of Coleraine District Health Service which meets each month to assist with maintaining the momentum of continuous improvement. Annual staff appraisals are an ongoing commitment to job satisfaction and performance development of all clinical staff.

I have enjoyed the challenge of Nurse Unit Manager since October 2005 and would like to thank all staff for their support and encouragement in this position.

DENISE BEATON
Nurse Unit Manager



Associate Charge Nurse Dora James tells Santa that she has been a 'very good girl'



Associate Charge Nurse Rosemary Perks and RN Div 2 Melissa Jacobson sharing a laugh



EDUCATION REPORT

As with all health care facilities ongoing education and competency based accountability has been on the forefront over the past 12 months.

We have set up a permanent education room in the Old theatre suite. This has video conferencing availability, video presentation and library facilities for staff to utilise. It is wonderful to have a room set up for ongoing use.

Staff is encouraged to attend in-service lectures on a monthly basis, Continuing Nurse Education, through study days and seminars both locally and regionally. I thank all lecturers for their time and commitment to ensure all staff are given the opportunity to up-skill and refresh to improve knowledge bases and practices. WDHS continue to be a remarkable resource and valued part of our education process.

All clinical staff continue to have annual competencies on:

- | | |
|------------------------|---|
| 1. No lift | 5. Extinguisher training |
| 2. CPR | 6. Division 1 nurses: Semi Automatic
Zoll Monitor defibrillation |
| 3. Evacuation training | 7. District Nurses: Anaphylaxis written exam |
| 4. Emergency codes | |

New competencies to be introduced in the next few months include: Intravenous Cannulation.

Coleraine also embraces the graduate program as commitment to the next generation of nurses and acknowledge that it also a learning process for current staff at Coleraine as well as the graduate nurse.

I extend my heartfelt praise to all staff's commitment to continued education and high attendance to education sessions.

DENISE BEATON
Nurse Unit Manager



District Nurse Jane Bunge shows her fire-fighting skills during a Fire Training and Education session for staff

DISTRICT NURSING SERVICE REPORT



*Leigh Dean
Team Leader*

Once again our district nursing service has had a busy year visiting clients in Coleraine and the surrounding countryside, plus looking after the clinical needs of our hostel residents. We have an enthusiastic band of four district nurses who all work part time plus two others who love being 'roped in' to cover for holidays and sick leave.

The computer statistics tell us that we have visited 151 clients on 8526 occasions and spent 2580.7 hours giving them care over the past 12 months.

All staff have completed extra education over the year plus the necessary competencies required by the health service.

The annual satisfaction survey completed by our clients returned only positive comments about the district nursing service which is a reflection on the dedication and skills of our team. We aim to continue providing the best possible service to the residents of our district.

LEIGH DEAN
Team Leader
District Nursing Service



District Nurse Jane Bunge doing her round at the Hostel catches up with resident Nancy Brody and Hostel staff members – Kathryn Sypott and Fay Picken



INFECTION CONTROL REPORT

The Infection Control Department at Western District Health Service now has three part time infection control consultants who continue to monitor the infection control programs in Penshurst, Hamilton and Coleraine.

All Valley View Nursing Home and Wannan Hostel residents are monitored for infections and these are reported through the Quality Performance System (QPS), with infection rates below the state averages.

Data from the acute and nursing home type patients continues to be collected monthly for the Victorian Hospital Acquired Infection Surveillance System (VICNISS). The data collected include,

- Patients infected or colonized with multi resistant organisms e.g. golden staph
- Patients who acquire a blood stream infection 24 hours after admission
- Staff who received an occupational exposure or needle stick injury, and
- Staff uptake of the influenza vaccine.

The CDHS staff flu vaccine uptake for 2006 is currently 41% which is above the state average of 37% of health care workers who are vaccinated.

Local flu planning is progressing due to the possible threat of a flu pandemic. The Avian virus (bird flu) is being closely monitored both at state and local levels.

The third Pressure Ulcer Point Prevalence Survey (PUPPS 3) was conducted with Coleraine found to have 4 patients with a pressure ulcer. Three ulcers were present on admission and were not acquired at Coleraine. The survey is conducted on one day through all public hospitals in Victoria to establish the incidence of pressure ulcers. Pressure relieving mattresses were purchased following the PUPPS 2 state government funding initiative. These mattresses disperse the pressure reducing pressure points, which can lead to skin breakdown and ulcers.

All staff continue to be informed about infection control issues through various means of communication. Regular audits are undertaken to monitor compliance with policy and procedure. Audits were undertaken on hand hygiene, waste management, staff knowledge of infection control and gastro enteritis and recognition of sterile stock.

ACHIEVEMENTS IN 2005/2006

- Implementation of retractable intravenous and subcutaneous cannulae equipment. This reduces the possible risk of needle stick injuries to staff and patients
- Coleraine District Health Service continues to score well in the Victorian cleaning standards facility wide audits.

LESLEY STEWART

Infection Control Consultant



Congratulations are extended to Infection Control Consultant – Lesley Stewart who was awarded Employee of the Year at the Southern Grampians/Powercor Business Achievement Awards



NUTRITION AND DIETETICS REPORT

My first year servicing the Coleraine area as Dietitian has been an exciting and busy one. I have continued the tradition of fortnightly visits to Coleraine, alternating between the Mackie Hostel and the Coleraine Hospital, which I also combine with an outpatient clinic.

The main focus this year, as always, has been to optimise the health and wellbeing of our patients and residents by providing high quality food, good nutrition and tasty meals. As part of the process, a Resident Satisfaction Survey was carried out across the Valley View Nursing Home and Mackie Hostel. The aim of this survey was to determine the most and least popular menu items, discover potential new menu items or suggestions and to gauge the overall resident's satisfaction of the menu. The results of this survey are currently being collated and should be released within the month.

Another project in the pipeline is the quality improvement proposal to maximise the nutritional intake of frail residents using fortification of common menu items, such as milk, soups and vegetables. It is thought this may be a more acceptable, better tolerated and more cost effective method to optimise the intake of malnourished and frail residents.

Along with the above projects and usual case load, I have had the opportunity to provide some nutrition education to the wider Coleraine community, with visits to both the Coleraine Primary School and St Joseph's School. In addition, John Kearney, Diabetes Educator and I recently presented the latest diabetes information to interested members of the public as apart of Diabetes Awareness Week.

In summary, I have had a terrific first year as Dietitian in Coleraine and would like to thank the staff for welcoming me and helping me to settle in. I look forward to another productive and successful 12 months.

KYLIE BROWN
Dietitian



WDHS Dietitian Kylie Brown chats with a resident during a recent visit



PHYSIOTHERAPY REPORT

The past year has seen Western District Health Service Physiotherapy Department renew its association with physiotherapy services at Coleraine after the departure of John Cooney. John left in December 2005 after providing a weekly physio service for many years – thank you John for your contribution to the health and wellbeing of the Coleraine and District community.

Since January the WDHS Physiotherapy Department has provided a weekly inpatient assessment and treatment service, outpatient treatments and assessment and physio plans for all aged care residents, amounting to 153 hours of physiotherapy provided over 29 visits. It is hoped that this will be increased to 2 days per week when staff levels allow.

Recently a review of the documentation for both outpatient and aged care clients has resulted in adoption of a set of common service-wide physiotherapy record forms that will be integrated into the medical record. The outcomes of this process are ease of use, a more holistic view of the individual needs of each client and compliance with documentation requirements of all accrediting bodies.

The physiotherapists have been well supported by local Allied Health Assistant, Val McIntosh, who has been utilised to support and deliver clinical programs in the acute and aged care facilities on days the physiotherapist is not in attendance. It is planned that Val will have regular access to in-service professional development on the Hamilton campus; with backfill by one of the Hamilton AHAs ensuring service in Coleraine is not disrupted.

Thanks must also be extended to Val for her clinical support and keeping us all on track, making our appointments and handling all our enquiries with good grace.

LYN HOLDEN
Chief Physiotherapist



4th Year Physiotherapist – Megan Richmond examines the knee of client Coralie Coulson



WDHS Physiotherapist Kat Habel does an assessment

PODIATRY REPORT



*Phuong Huynh
Podiatrist*

There has been a steady increase of clients seen in the podiatry clinic at Coleraine District Health Service. We are very lucky to have the commitment and continuing efforts of all the staff who have contributed to maintaining such a high work standard for the podiatry service.

Due to the high demand for podiatry services efforts are being made to recruit more staff, but a shortage of podiatrists is impacting on the outcome.

We continue to wait for the funding for the proposed local podiatry school in Hamilton to enhance service capacity and expand clinical experience for the students.

PHUONG HUYNH
Podiatrist



Podiatrist – Phuong Huynh working on a client



FITNESS AND WELLBEING REPORT

The Keep Fit program consists of different types of exercise classes and is run by qualified VicFit Instructors who have special training in Gentle Exercise for Older Adults, Strength Training for Chronic Illnesses, Tai Chi, Falls Prevention, Pilates Mat and Reformer Technique, Pregnancy fitness, Fit Ball Core Strength Training, Relaxation and General Fitness programming.

At present the Keep Fit program offers a range of classes to suit the community's needs. Silver Sneakers is a chair based exercise class with exercises performed sitting in a chair with cardiovascular, strength, balance and flexibility components. This class is offered to everyone and is especially popular with those who are getting silver on top!

The newest additions to the Keep Fit program are Tai Chi and Fitball Plus classes. These are proving to be very popular! A Relaxation and Stress Reduction techniques class is also offered and many attend that before finishing the evening with a Tai Chi workout.

An enthusiastic group of walkers meets once a week with the Community Health nurse. Walking is ideal for improving cardiovascular health, strength, balance and improves bone density. Walking with a group is a wonderful way to stay motivated and socialize!

The Keep Fit program also offers Falls Prevention workshops with local community groups. A short presentation is given on techniques for prevention of falls in the home and community and supported by handouts and checklists for making sure that everyone lives and works in a safe environment.

The Coleraine District Health Service is committed to offering guidelines and services that help to keep the individuals in its community fit and healthy.



*Valerie McIntosh
Keep Fit Program*

VALERIE MCINTOSH Keep Fit Program



Participants get ready for their Fit Ball class



Participants enjoying the new Tai Chi class

HOTEL SERVICES REPORT

The catering department begins work at 6.30 am everyday to begin organising some of the 8839 freshly prepared meals that the catering department provides each month to the Hospital, Wannon Hostel, Meals on Wheels, Coleraine and Merino Planned Activity Groups, Karingal and Merino Bush Nursing Centre.

This high level of work would not be possible if it were not for the vast experience provided by the staff of 12 that make up the catering department. I would like to take this opportunity to thank them all for there support during 2005/2006.

Our aim for 2006/2007 is to provide input into the planning of the proposed new catering department. Also during 2006/2007 we will continue our education with updates in our food handlers, CPR and fire training.

We are also in the process of editing a new four-week cycle menu with the input of residents from the hostels and nursing home and is currently with the dietitians for their approval.

LEANNE RIGBY
Catering Supervisor



*Catering and Environmental Services staff members wish fellow colleague Marie Grinham a very Happy Birthday
Back row-left to right: Leanne Rigby, Tania Deutscher, Marie Grinham, Maxine Rigby, Cathy Stiglich, Kath Armstrong
Front row- left to right: Janeece Waldron, Janene Taylor*



SUPPLY AND MAINTENANCE REPORT

Since the amalgamation with Western District Health Service it has been a very busy period for us which also brought a few changes into how the department is structured, our team is the following.

- Daryl Hedley (Manager Supply & Maintenance based in Hamilton)
- Douglas Moore (Maintenance Supervisor)
- John Rhook (Painter)
- Phillip Perry (Store person/Handyman/Gardener)
- Andrew Healy (Handyman/Gardener)
- Neville Barker (Gardener)

Due to a resignation Andrew Healy was employed as a Handyman Gardener and has slotted into that position very well. John Rhook took three months long service this year and we were pleased to have him back to continue on our painting and lawn mowing duties.

Maintenance has now taken control of stores. Bruce Humphries has spent a great deal of time in setting up and training for this and we pass on our thanks to Bruce for his support. Phil Perry was employed and was thrown in the deep end in that position and after a few teething problems and computer glitches it is starting to flow nicely.

There has been no big project for the year but a lot of smaller things happened. In all with the dryness of the year which brought a few hassles with watering and water supply to the hospital the maintenance crew worked well as a team and kept the surrounds - buildings and gardens belonging to the Coleraine Health Service in very good condition - a job well done.

DOUG MOORE

Maintenance Supervisor



Store person Phil Perry checks out the supplies in the store



Handyman Andrew Healy gets ready to tackle another job

WANNON HOSTEL REPORT

Wannon Hostel has had a very busy and eventful year with full occupancy of our 40 beds and our respite bed being used continually throughout the year. At present we also have a waiting list of eight prospective residents.

The hard work and dedication of staff became evident in March this year when we received full Accreditation for three years in all 44 standards. Congratulations went out to all staff for their support in achieving this.

Staffing levels are continually being monitored and assessed according to the care needs of our residents. Our residents/carers meetings are held quarterly and from these meetings we have identified several opportunities for improvements to best meet our residents' needs. Our comments and complaints register shows mostly appreciation from residents and their families for the wonderful care provided by staff.



*Standing (L to R): Hostel staff member – Kathryn Sypott,
Hostel Care-Co-ordinator – Leonie Nolte
Seated (L to R): Resident - Mary McPhee,
WDHS Continence Advisor – Ruth Fatone
and CDHS Community Health Nurse – Judy Joyce*

Residents and staff are very interested in the redevelopment of our facilities and staff and residents are kept well informed of the progress through meetings and workgroups. At present this is at the schematic design phase which concentrates on the functionality of the proposed layout. Staff and residents have the opportunity to comment on this phase of the redevelopment and to ask questions at the user group meetings.

My thanks also goes out to the Ladies Auxiliary who continually support us by purchasing items for our facilities. This year this has included wheel shower chairs for the use of our frail residents and recently the ladies have purchased new curtains for Mackie Court. The hard work and dedication of these ladies is always gratefully accepted.

In closing I would like to thank Tim, our Manager/Director of Nursing and Denise our Unit Manger for their support and assistance at all times and lastly to my wonderful staff for their dedication to their positions here as carers and for the care and support they provide to our residents and their families.

LEONIE NOLTE
Hostel Care Co-ordinator
Wannon Hostel



MERINO BUSH NURSING CENTRE REPORT

Merino Bush Nursing Centre has had another successful year in providing quality care to residents of Merino, Digby and surrounding areas. We cover an area of approximately 25 kms radius from Merino to visit clients. Alternatively members of the community take the opportunity to visit the Centre each weekday afternoon for medical attention, support and advice. Our service operates Monday to Friday and Saturday morning. 224 individual clients have utilised the service with a total of 2628 contacts.

The Centre has three permanent nursing staff, who work as sole practitioners. Relieving staff from Coleraine District Nursing Service have provided coverage for annual and long service leave. We appreciate the support we have received from Western District Health Service, since the amalgamation in July 2005.

Glenelg Outreach Primary Health have involved the community by offering healthy lifestyle programs at the Centre. We look forward to their continued involvement. RMIT students have attended placements at Merino and have learnt the 'other side' to nursing, outside the hospital environment.

Our small team of volunteer drivers provide an integral role within our health service. We are extremely appreciative of the generous time and effort they devote to driving both the community car and bus throughout the year.

We strive for excellence in provision of health care to our community.

JAN KOCH
Nurse Manager



A Merino Community Transport volunteer gets ready to transport Merino clients

DIVERSIONAL THERAPY & ACTIVITIES - WANNON HOSTEL

We have had a busy year with both in-house and outside activities. We have had many and varied programs for our in-house activities. From our many different games, quizzes, discussion groups, to our musical afternoons, craft sessions, cooking afternoons and our fortnightly visits from Mulleraterong Centre. Our special in-house activities were: Halloween, Melbourne Cup Day, Christmas Happy Hour Family Party and our Christmas Party. Also our very early and cold morning watching the Commonwealth Games Baton Relay go past Mackie Court and a visit from participants of the local Poets' Corner Club. During this year we have enjoyed concerts in both Mt Gambier and Hamilton as well as lunches at local Hotels to enable residents to socialise in the community. We have also attended our local ANZAC Day Ceremony at the Cenotaph where we placed a wreath. Residents have enjoyed many bus outings in the countryside in our 'old' bus and more recently in our lovely new bus.

It is important that our 'one-on-one' program is developed for each resident to maintain holistic care. This being achieved through such things as: Wheelchair walks, walks looking at gardens, hand and foot massages, specialist visits, individual lunches and afternoon teas, gardening, visits to friends and shopping.

Residents have also enjoyed the fortnightly visit to our door by the Bookmobile Library van and many thanks are extended to Jim for his help each time. Local churches hold monthly services as well as a non-denominational church and we extend our gratitude to those involved in the running of these. Many thanks also to our two volunteers who help out with the very important Footy Tipping with our residents.

To our slowly growing family of volunteers we say a big thank you for your many hours that are so freely given which help us to enhance our residents lives so much.

MARLENE LEE
Activities Co-ordinator



Wannon Hostel residents line up in their Winter woollies and rugs to watch the participants in the Commonwealth Games Baton Relay pass by



A Scottish bagpiper catches up with a Hostel resident during a visit to entertain residents



DIVERSIONAL THERAPY & ACTIVITIES - NURSING HOME

The program in the Nursing Home is on an individual and group based approach and enhances holistic, cognitive, emotional, physical, social and spiritual needs.

It is important that our residents lifestyle profiles are addressed and are a part of their individual program, and that they get enjoyment, support and encouragement in everything they take part in.

A wide variety of activities have been undertaken throughout the year, each month the different religious groups have a service in the lounge, musical afternoons are held, dancing groups come in, school children, Brownies visit and do activities and concerts with the residents, combined sessions with the Planned Activity Group which allows for interacting between the two groups. Gentle chair exercises, carpet bowls, craft work, weekly cooking of home made bread and cooking days for special meals e.g. tripe. Short bus outings occur when time is available between other activities around the local areas, going shopping, to the library or the pub for lunch.

Individual sessions for the residents include hair setting, manicures, being read the local papers, reminiscing over past interests, footy tips, playing music of their choice and listening to their needs.

We seek to provide our residents variety in their program and most important family are always welcome to join any of the programs offered. All activities enhance and enrich the residents and provides a welcome change to daily routines.

ANNETTE HARRIS
Activities Co-ordinator



Ward Assistant Cathy Munro brought the cutest little lamb in to show the Nursing Home residents. The residents thoroughly enjoyed the visit.



Activities Co-ordinator Annette Harris tempts residents with a yummy cake



RN Div 2 Anne Youl shows residents an interesting magazine article



COLERAINE PLANNED ACTIVITY GROUP

The activities offered to our clients promote self-esteem and holistic needs enhanced through assisting our clients emotionally, physically and socially.

This year a wide range of activities have been undertaken such as cooking days, where the group plan and cook their own lunch once a month and also many days are spent making jams, relish and sauce, which are then sold and the money goes back into purchasing craft items, a DVD player and a new sewing machine for the group to use.

Throughout the year we have theme days such as Footy days, Scottish days, guest speakers and information sessions on Vision Australia and the different aids available for vision impaired clients, Relaxation Days, where the clients have been given a foot spa, hand massage and be able to sit and listen to relaxing soft music. Cultural Days have taken place with a Dutch Cooking Day and our Uniting Minister and his family would come and entertain the group with traditional song and dance routines and be dressed in their traditional costumes.

Many bus outings were planned and everyone loves these days where getting out and about can include - Fishing, shopping, picnic's, gardens and going for short drives around the local area. A three-day bus trip was run twice this year with excellent feedback and the next trip is always being discussed on the way home.

Our clients enjoy concerts, musical afternoons, combined programs with the Hostel and Nursing Home Residents on regular occasions and all interact very well. Bingo, Hoy and quiz days are held throughout the year also with lots of fun had by all attending.

It is important that our clients determine what they want to do, and enjoy the activity and that it enriches their lives. We seek to provide to our clients variety in their programs and most of all enjoyment and friendship.

ANNETTE HARRIS

Activities Co-ordinator



The 'Wedding Party'

Left to right:

*Mel (The Beautiful Bridesmaid)
Doug (The Proud Father-of-the-Bride)
Amanda (The Blushing Bride)
Dave/Annette (The Nervous Groom)
Marie (The Merry Minister)
Maddie The Gorgeous Flower-girl)*



MERINO PLANNED ACTIVITY GROUP

Merino Planned Activity Group has had a wonderful year, full of activities, fun, trips, footy tipping and some new participants. We have had volunteers retire and come along as participants, and some new volunteers on our roster. Two wonderful trips away, one to Melbourne and another to Mildura, these big trips have been combined with Dartmoor, Coleraine and Balmoral. We have those who come all day, others who come to either morning or afternoon tea and others who come on our outings. We have cooking days and barbecues, movies days and music.

Some of the craft activities participants have enjoyed are: Scrap-booking, paper bark painting, making Easter bonnets, calendar making, knitting / crochet. We have enjoyed travelling to see such shows as: Magic Music Hall, South Pacific, Jeannie Little, Dennis Walter, Old Stories, Brian Hannan, We have enjoyed trips to Mount Gambier, done the Nelson boat trip, Portland, Coleraine PAG days, Mystery trips, Wando Vale Dog trials, Casterton, Jan's Fine Glass. We have enjoyed the company of Glenelg Outreach, Col Millington, Merino Primary School, Falls Prevention, Vision Australia.

A huge thankyou is extended to all our volunteers and helpers who help us to provide such a fantastic program to community members.

SUSAN DODD
Activities Co-ordinator



'Terrific Trio'

Left to right: Assistant - Anne Rigby, Coleraine Activities Co-ordinator Annette Harris, Merino Activities Co-ordinator Susan Dodd



Participants enjoyed a trip on Puffing Billy – October 2005



*'A Happy Band of Travellers'
Participants from the Dartmoor, Coleraine, Balmoral and Merino Planned Activity Groups enjoyed their trip to Mildura-May 2006*



COLERAINE DISTRICT HEALTH SERVICE LADIES AUXILIARY REPORT

We have had a very successful year again, with much needed funds being raised to purchase some requirements for the Hospital and Nursing Home.

Our November Fete, being our largest fundraiser, was a huge success, with our members and our extended helpers doing a marvellous job as usual. After much discussion and a vote, it was decided to revert back to having the Fete on a Tuesday, hoping that this is a wise move.

It was decided to raffle a hamper at this year's Fete and to hold the Christmas Stocking over until the night of the Carnival.

The Twilight Drinks was another success story with our hosts being Toni and Wally Walsh of 'Willaroo' – a beautiful setting and a great social event with members supplying delicious finger foods and drinks a plenty.

The Card Day was held in May with the table numbers a little down on previous years, but due to the hard work of our card players and members, went off very well.

During the year the Auxiliary has paid for TV's, hairdryer and electric beds, some of these purchases were made possible through the generosity of the Coleraine Art Group and CDHS Nurses Fund, for which we are most grateful.

We are pleased to welcome some new members and hope to gain some more. We look forward to the continued support of the district people and thank everyone for the help given at all occasions.

ROSALIE FITZGERALD
President



Left to Right: CDHS Auxiliary Members - Peg McMeekin, Dot Woolley, Rosalie Fitzgerald and Bev Bunge with the "resuscitation mannequins" which were acquired for staff training through the assistance of the Auxiliary



HOMES FOR THE AGED AUXILIARY REPORT

It is with pleasure that I give this 2005-2006 report of the Homes for the Aged Auxiliary.

Currently we have eleven members and meet bi-monthly at the Karingal Centre.

We had a Christmas Hamper Raffle at the Christmas Carnival which raised \$455.50. Three HOY afternoons were held raising \$84.00 and the Sunday Night Euchre Cards raised \$1865.00.

During the year the Auxiliary purchased a blind for Mackie Court at a cost of \$187.50. We have entertained and taken afternoon tea to the Hostel residents.

We convey much appreciation and gratitude to those who organise the cards and many thanks are extended to the wonderful supporters who come along to these Card days.

A sincere thank you to our Office Bearers and Members for your support. We wish our Auxiliary a successful year ahead.

HILARY HUTCHINS

Honorary Secretary



Some of our wonderful Homes for the Aged Auxiliary members



THANK YOU FOR YOUR DONATIONS

Adams Mrs S
Anonymous
Austin Mr T
Belfield GDM
Bennett T
Bradley Mr C
Britten Ms E
Broad Mr & Mrs TJ
Brown Mr & Mrs DD
Brumby Mr & Mrs M
Bunge Mr & Mrs RJ
Cameron & Co
Coleraine District Heath Service
- Homes for the Aged Ladies Auxiliary
Coleraine District Health Service
- Ladies Auxiliary
Coleraine Opportunity Shop
Dean Mr & Mrs J
Dundon Mr & Mrs JR
Fitzgerald Mrs B
Francis Mr & Mrs R
Gordon Mr & Mrs R
Gunningham Mrs E
Hodgetts Mr TN
Huggins Mrs N
Hutchins Mrs H
Johnson Mr & Mrs T
Kilpatrick Mrs B
Klein Mr H
Lane Mr R
Lawson Mrs VL
Lions Club of Coleraine
Lions Club of Merino/Digby
Moore Mrs J
Little Mr & Mrs G
Lodge Ms J
Mahoney Mrs NF
McCormack Mr&MrsJ
McLeod Mr K
Milton Mr & Mrs G
Mitchell Mrs MG
Muir Mr R
Neeson EF & Co
Norris Mr & Mrs JF
O'Connell Fr PJ
O'Donnell Mrs MN
Owens Mr & Mrs AJ
Pepper Mr & Mrs T
Pugh Mr & Mrs CO
Rhook Mr & Mrs J
Robinson Mr NL
Rogers Mr & Mrs AC
Scholfield Mrs E
Scholfield Mrs I
Shaw Mrs D
Spence Mr J
Stiglich Mrs M
Struthers Mrs V
Tippett Mrs L
Troeth Mr & Mrs IS
Trotman Mr & Mrs D
Utber Mr & Mrs B
Ward Mr J
Waters Mr & Mrs G
Waters Mr & Mrs RJ
Watt Mr & Mrs LJ
Wettenhall family
Wilson Mr G
Withnall Mrs A

We would like to also thank those persons who have contributed to our 2006 Annual Appeal but may not be listed above as your kind donation may have been received in the new financial year.

(Those persons names will be recorded in next year's report).

Our heartfelt gratitude is extended to you all.

*We extend a sincere thank you to the many individuals who give their time or other gifts in kind
To all the volunteers and supporters of Coleraine District Health Service and our services
who so generously assist us in so many ways through our Nursing Home, Hostels, Meals on Wheels,
Planned Activity Groups, Community Transport, Book Exchange, Auxiliaries, etc
Your efforts are greatly appreciated.*

We are fortunate to have such caring people who give their time so freely for the benefit of us all.

*Finally we wish to thank the community for your continuing support
and our staff for their loyalty and dedication*



Coleraine District Health Service

Revenue and Expense Statement for the Year Ended June 30, 2006

	2005/06 \$	2004/05 \$
<i>Revenue</i>		
State Government Grants	2,865,141	2,886,211
Patients Fees	2,129,047	1,849,037
Other Revenue	260,875	342,191
<i>Total Operating Revenue</i>	5,255,063	5,077,439
<i>Expenditure</i>		
Salaries & Wages	4,048,998	3,667,918
Direct Expenditure	487,693	404,587
Overheads	620,039	782,786
<i>Total Operating Expenditure</i>	5,156,730	4,855,291
<i>Operating Surplus</i>	98,333	222,148
<i>Capital Items</i>		
Fundraising and Donations	10,296	65,764
Ingoing Residential Charges - Aged Care	313,187	356,899
Capital Grants	322,909	151,055
Depreciation	(201,420)	(196,222)
<i>Health Service Result</i>	543,305	599,644



Coleraine District Health Service

Balance Sheet as at June 30, 2006

	2006 \$	2005 \$
Equity		
Contributed Capital	6,656,879	6,313,411
Accumulated Surplus	(657,865)	(721,231)
Asset Replacement Reserve	1,201,170	1,093,353
Asset Revaluation Reserve	(111,202)	-
Total Equity	7,088,982	6,685,533
Current Liabilities		
Payables	216,549	440,571
Employee Entitlements	429,053	413,679
Monies Held in Trust	2,314,294	1,878,314
Total Current Liabilities	2,959,896	2,732,564
Non Current Liabilities		
Employee Entitlements	333,105	321,169
Total Non Current Liabilities	333,105	321,169
Total Liabilities	3,293,001	3,053,733
Total Equity and Liabilities	10,381,983	9,739,266
Current Assets		
Cash at Bank	2,825,768	2,635,946
Receivables	165,545	172,858
Monies Held in Trust	2,314,294	1,878,314
Total Current Assets	5,305,607	4,687,118
Non Current Assets		
Land, Buildings, Plant & Equipment	5,706,871	6,436,787
Accumulated Depreciation	(630,495)	(1,384,639)
Total Non Current Assets	5,076,376	5,052,148
Total Assets	10,381,983	9,739,266



SNIPPETS FROM PAST ANNUAL REPORTS

It is with pleasure we point out the small excess of income over expenditure

Statement of Income and Expenditure 1953-54	
Total Income	£12835
Total Expenditure	£12713
Surplus for year	£ 122

By an examination of the various plans and specifications, the finished Hospital will be one the district can well be proud of.

May the years ahead show a growth in interest by the general public, and a steady growth in its usefulness to the community by the Hospital

Extracts from Annual Report—Royal Tour Year 1954

The cost of the new home, including furniture and subject to final adjustment, will be approximately £12,000

The Institution relies on obtaining at least 400 dozen eggs during the early spring every year, and the happy response to this appeal does much to ensure the financial stability of the Hospital

Extracts from 1959 Annual Report

Figures That Speak

No. of In-Patients Treated	
Public	21
Private and Intermediate	540
Daily Average Number of In-Patients	11.18
Av. Daily Stay of In-Patients	7.4
Av. Annual Cost per Patient Treated	£21/10/-
No. of Out-Patients treated	361
No. of Attendances of Out-Patients	408
Average Daily Cost per Bed	£3/1/-

Extract from Annual Report—Royal Tour Year 1954

EQUIPMENT, BUILDINGS AND GROUNDS

Total expenditure on capital works for this financial year was £7445. The largest project undertaken was the building of a new Manager's Residence adjacent to the hospital on the corner of Laidlaw Street and McKebery Street. Generous financial support was received from the Hospital and Charities Commission. Whilst payments have not been finalised, a total Government grant of \$4,500 is promised, the Committee held £1,500 in hand from the sale of the former residence, and in a contract price of £7,170 it has been only necessary for the Committee to further finance this building to the extent of £1,710.

Extract from 32nd Annual Report 1963

Encourage Your Daughter to Choose a Nursing Career

- Three years' training
- 5 day, 40 hours week
- Uniforms provided
- 3 weeks' annual leave (Trainees)
- 4 weeks annual leave (Sisters)
- Free Health Service
- Salary during training: £5/14/- to £6/14/6 per week
- Salary as Sister from £12/10/- per week
- Security in an honoured profession

Extract from Annual Report—Royal Tour Year 1954

The water shortage at the Hospital during the summer was a matter of deep concern to the Committee and Staff alike. The erection of a 10,000 gallon tank for extra storage should avert any recurrence of the problem

Babies Born 1955	153
Babies Born 1956	134
Nursing Staff—Average	8
Operations Performed	184
Eggs Used	715 doz
Meat used	3785 lb
Milk Used	1019 gall.
Meals served	22253
Butter Used	686 lb
Bread Used	2864 lb
Fruit and Vegetables Used	6062 lb

Extract from 25th Annual Report 1956

How YOU Can Help Your Hospital

Encourage all pensioners to become a member of a Hospital Benefits Association. If all Pensioner Patients were members of a Hospital Benefits Scheme at a mere cost of 9d. per week, the annual income of your Hospital would be increased by £768.

Donations of equipment and contributions in cash or kind are always appreciated.

Extract from 31st Annual Report 1962

A Short History

At a Public Meeting called May 19th, 1930, a Committee was appointed to form a Bush Nursing Centre in Coleraine.

The existing Private Hospital was leaseddeclared the Coleraine Bush Nursing Hospital Centre duly open on the 9th July, 1930.

At the Annual Meeting 1932, the Committee set about raising £1500 for a building fund.

On the 8th May, 1935, His Excellency, the Governor of Victoria, Lord Huntingfield, accompanied by Lady Huntingfield, declared open the New Bush Nursing Hospital.

In September, 1950, the Coleraine Bush Nursing Centre became the Coleraine and District Hospital, severed its connection with the Victorian Bush Nursing Association and was registered by the Hospital and Charities Commission of Victoria in March, 1959, the Incorporation of the Institution was published in the Government Gazette.

Extracts from 39th Annual Report 1970



SNIPPETS FROM PAST ANNUAL REPORTS

The year 1964-65 has possibly been one of the most difficult years the Hospital has undergone, it began with a basic wage increase of £1 per week, to be followed by an increase of £1 per day in all in-patient fees.....
Extract from 34th Annual Report 1965

This year has seen the introduction of decimal currency for the nation and the Financial Statements are therefore presented in a different format.

The cost of keeping a patient in hospital for one day was \$11.65, a decrease of 51 cents. The total income earned for the year was \$58,451, the expenditure \$55,920.
Extract from 35th Annual Report 1966

SOME INTERESTING STATISTICS

Nursing Staff Average	11
General Staff Average	11
In-Patients	447
Including children	97
Babies Born	41
Eggs Used	837 dozen
Milk	6051 pints
Bread	615 large loaves
Meals on Wheels delivered	3609
Total Meals Served	23292

Extract from 41st Annual Report 1972

Many loads of soil were brought in by the Wannan Shire Council to build up and level out the area in front of the Hospital, which is now in process of being grassed to make a lawn

Fees Charged at Coleraine Hospital
 Adults (Intermediate) 54/- daily
 Less Commonwealth Benefits deducted 8/-
 £16/2/0 weekly or 46/- daily
Extract from 1958 Annual Report

Comparative Statistics

<i>Babies Born</i>	
1964	112
1971	50
1974	28
1977	22
1984	35
1988	20
<i>Daily Average Bed Cost</i>	
1964	\$ 9.79
1971	\$20.30
1974	\$37.44
1977	\$59.36
1984	\$158.10
1988	
\$256.40	
<i>Patients Treated</i>	
1964	603
1971	534
1974	456
1977	365
1984	448
1988	498

Extract from 40th, 43rd, 53rd, 57th Annual Report

Accreditation

The matter as to whether the hospital should participate in the Australian Council on Healthcare Standards Accreditation program has been discussed on and off for some years. The Committee has decided the hospital should prepare for an Accreditation Survey and work has commenced towards aligning with the various standards required.
Extract from 57th Annual Report 1988.

88,287 meals provided during the year

Extract from 65th Annual Report

THE FUTURE—I am not gifted with second sight nor the proud owner of a crystal ball but I nevertheless believe that this hospital does have a good and long future of service to the community.....
Extract from 43rd Annual Report 1974

THE FUTURE—I am hopeful that this hospital will move into the nineteen eighties offering health services commensurate with the changing needs of the community.Those of us who have tried to guide the hospital affairs through the changing fortunes of Medibank and the State/Commonwealth Cost Sharing Agreement will welcome a period of stability rather than the present state of "Future Shock", "Beyond the stable state".
Extract from 47th Annual Report 1978

The highlight of the year was the official opening of the final stage of the current re-building programme, by the Honourable the Prime Minister of Australia, Mr JM Fraser, on Saturday, March 15th, 1980. It was a day of days for the Committee

The hospital has received approval to proceed with planning the remodelling of the kitchen...The hospital staff are now preparing in excess of 32,000 meals per year in a kitchen intended to service 13,000 meals. The opening of Wannan Court Hostel (for the aged) in July will add an estimated further 8,000 meals per year.
Extract from 49th Annual Report 1980

I believe that this hospital will continue to serve the community perhaps in some ways differently to the present emphasis on Inpatient care.
Extract from 48th Annual Report 1979

Operating Costs took a further leap this year, total operating payments were \$589,816, with a short fall (deficit) of \$29,185. Operating receipts were \$560,631.

THE FUTURE—Sometimes when the uncertainty of hospital funding and problems arise with staff and services I wonder not what is the future for the hospital, but whether there is a future. However I am confident that problems will be overcome, the kitchen remodelling will proceed very shortly. I hope a Day Care Centre will be established at the hospital and that the Homes for the Aged and the Hospital Committees may join forces in the establishment of a nursing home for long term elderly patients.
Extracts from 50th Annual Report 1981



SNIPPETS FROM PAST ANNUAL REPORTS

Role Statement

This Committee of Management has always been very conscious of the role of this hospital in the community. It was founded as a result of public demand for a hospital, it has continued because of continuing community support and it has always been necessary for the Committee to be responsive to the changing health care needs of the community.....The Hospital has a responsibility to be aware of the changing health care needs of the community it serves and respond accordingly.

Extract from 54th Annual Report 1985

Deliberation on the Hospital becoming a Smokefree Workplace from the 1st July 1991

OUR FUTURE

Whilst I think that the future of our Hospital is secure, it is impossible not to be a bit apprehensive when we look around us and see hospitals being closed and services reduced. In Coleraine, we provide many services to our community, also we have a strong relationship with the Boards of the Coleraine and District Homes for the Aged and Coleraine and District Community Services Group. The Hospital provides administration for these groups and together the three groups effectively service the district community. Whilst this is common knowledge in the community, those outside our area of service only see Coleraine as having a twenty-three bed hospital. This is very different from the real situation, that being one of an administration looking after close to 100 beds. To ensure that our services are maintained to the present level it would seem to me that the three Boards should be amalgamated to oversee the functioning of all three services and provide a unified multi purpose conglomerate from which to negotiate funding.

Extracts from 60th Annual Report

Health Service Agreements

The coming year will see for the first time the signing of a Health Service Agreement.

This is a document which sets out the operating arrangements between this Hospital and the Health Department Victoria, representing the Victorian Government. The agreement reflects the particular role and function of our Hospital and is flexible in relation to content and the degree of detail which it incorporates.

The Agreement will address core elements including a long term strategy for our Hospital, key function, goals and targets for the agreement period and the resources that the Government will provide.

This Agreement is designed to improve the accountability of the Health Department and Health Service providers for the use of public funds.

Extract from 59th Annual Report

The Millennium Bug

Preparation for the possibility of computer and equipment failure when the calendar ticked over 2000 was of great concern to all.

The Future of the Hospital

Usually this paragraph is the second last paragraph of the President's Report but on this occasion I feel that it is most appropriate to bring it forward as it now seems that there is some uncertainty in the future. Again I would like to express my sincere thanks to all the people of Coleraine and district who showed their support for the Hospital and their need for it to continue in the future, in that magnificent display of support which the Committee received at the Public Meeting in February of this year.

The hospital has attempted to address the problems related to care of the aged in the community, this is an overwhelming need at the present time, but we must not lose sight of the needs of young families and "bread-winners".

Hospital Renovations

The past year has again seen considerable activity in this area. The major renovation to the six acute wards on the north side of the Hospital are now complete, all having ensuite facilities....

Nursing Home Construction

After three years of intense planning, I am very pleased to report the commencement in May of the new eight-bed Nursing Home.

The Year In Review

Coleraine and District Hospital took on management and administration of Merino Health Services

Extract from 61st Annual Report

New Mackie House

The highlight of the year for the Board and the community was the completion and opening of Mackie Court at a cost of \$1,040,000 on May the 7th. This 26 bed purpose build facility was the culmination of a 25 year dream for the community and past and present Boards of Management.

The last five years has seen the complete renovation of the Hospital, a new Nursing Home wing, new Mackie Court Hostel and continued upgrading of other buildings and development of our gardens.

Extract from 64th Annual Report

Mergers and Integrations

Following on the heels of the successful integration of Coleraine District Homes for the Aged with the Coleraine and District Hospital, we began consultations with the Shire of Southern Grampians in regards to the future direction of the Coleraine and District Community Services Group.....The decision to merge the Coleraine and District Community Services Group with the Coleraine and District Hospital was made following some months of discussions in which the advantages and disadvantages of the proposed merger were canvassed.

Building Works

The Board of Management's policy is to continually upgrade its facilities to keep pace with current trends and expectations in the health care sector. To this end, completion of the allied services block, development of the Eastern car park, provision of additional rain water storage at both the Hospital and the Hostels and purchase of the properties known as St Joseph's Court and the Hind block all attest to the Board of Management's commitment to provide an aesthetic environment for patients and residents, a safe working environment for staff and provision for future service development.

Extract from Annual Report 1997

Future Funding

The decision by the current Government to radically change the method of funding acute care in Public Hospitals from 1st July, 1993 has placed Hospital Boards and Management under intense pressure. Future funding is to be based on throughput ie the number of patients treated rather than a historical basis as an institution

61,640 meals were produced during the year

Extract from 62nd Annual Report

Our Health Service at Work in the Community

